

IMPACT REPORT

2024



Kendal at Lexington is dedicated to fostering strong relationships and contributing to the greater Lexington community through a variety of initiatives and collaborations.



Dear Friends,

We are delighted to present our 2024 Impact Report and kick off the celebrations for the upcoming 25th anniversary of Kendal at Lexington. It is an honor to lead such an extraordinary community, and your continuous support keeps us inspired and motivated to be servant leaders in our greater community.

Every day, I witness residents and staff embody the Quaker values at the heart of our community. These values guide our actions, fostering a culture of inclusivity and support, truly making the Kendal community special.

Reflecting on the past, we cherish the memories made along the way. From the early construction projects that laid the foundation of our community to the countless resident events that have fostered connections and joy, each moment has contributed to the rich tapestry of our history. Our partnerships with local organizations and the introduction of new initiatives have strengthened our ties with the greater community, enhancing the lives of all involved.

We are incredibly grateful to be part of the wonderful community that is the greater Lexington area. Our proximity to esteemed institutions of knowledge supports our mission of lifelong learning, providing endless opportunities for growth and enrichment. The collaborative spirit of our local partners has been instrumental in our success, and we feel blessed to be surrounded by such a vibrant and supportive network.

As we look forward to celebrating our 25th anniversary, we are excited to envision the next 25 years at Kendal. Together, we will continue to transform the experience of aging, ensuring our community remains vibrant and supportive for everyone.

Sincerely,

Jan Bigelow
CEO, Kendal at Lexington



Who We Are...



The mission of Kendal at Lexington, a not-for-profit Life Plan Community grounded in Quaker values, is to provide opportunities for a diverse population of older adults from Lexington and beyond, to live in a vibrant, caring community that promotes healthful and meaningful aging.

Values:
Simplicity
Peace
Integrity
Community
Equality
Stewardship

Kendal at Lexington 2024 Highlights:

- Achieved reaccreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF).
- Residents and staff contributed more than 200 volunteer hours each month to various local organizations.
- Continued to foster a culture of sustainability by implementing Peak Energy Usage Reduction Program.
- Promoted sustainability for the future through our ongoing partnership with the Chesapeake Bay Foundation, we engage in tree plantings to support environmental stewardship.
- Partnered with The Kendal Corporation to fund local dementia awareness programs, and to provide dementia support to the local community.
- Implemented a workforce development program for trade students, interns, and recent graduates.

Community Impact

Kendal at Lexington supports engagement in the community through initiatives and partnerships.



To name a few ...

Healthcare Partnerships

- Partnered with the Rockbridge Area Health Center to provide essential health services on campus and beyond.
- Partnered with ConnectionsPlus Healthcare+ Hospice to support individuals and families during critical times.

Community Engagement

- Supported local cultural venues and events.

Educational Support

- Collaborated with local high schools and universities to offer job opportunities, vocational exposure, and paid internships for students.
- Collaborated with Mountain Gateway Community College to facilitate immediate employment for certified individuals.

Sustainability Initiatives

- Earned seven TREX benches through the Trex Recycling Challenge by recycling over 4,000 pounds of plastic each year.
- Raised awareness and education efforts around sustainability efforts and fostered good stewardship of the local environment.

Cultural and Social Programs

- Partnered with the Chamber of Commerce to promote local business and community initiatives.
- Supported the Alzheimer's Association Central and Western Virginia Chapter and Valley Program for Aging Services on community-benefiting initiatives.

Health and Rehabilitation Services

- Partnered with Functional Pathways to offer on-campus in-patient and out-patient therapy services.
- Provided care for the local community in the Webster Assisted Living and Borden Health Centers.

Creative and Artistic Programs

- Collaborated with the "Opening Minds through Art" program to foster creative expression for individuals with dementia.
- Partnered with Washington and Lee University on a pedestrian traffic and safety study and mapping project.

Economic Impact



Kendal at Lexington, a not-for-profit Life Plan Community, plays a significant role in our local economy by serving as an employer, a consumer of goods and services, and a taxpayer in the City of Lexington and Rockbridge County.

- More than \$290,000 in real estate taxes to the City of Lexington and Rockbridge County.
- 165+ employees with an annual payroll of more than \$6 million.
- More than \$3 million in food, equipment, and supplies purchased from Shenandoah Valley businesses.



Borden and Webster



Kendal at Lexington's Webster Assisted Living and Borden Health Centers are integral components of Kendal at Lexington's continuum of care, prioritizing the health, well-being, and quality of life of residents.

The Webster Assisted Living Center caters to residents who require assistance with daily activities but wish to maintain a level of independence. Webster provides a supportive environment where residents can enjoy private accommodations, social activities, and access to medical care as needed. The staff at Webster is trained to offer personalized support, including help with dressing, medication management, and other daily tasks. Webster promotes a vibrant community atmosphere, encouraging residents to participate in various recreational and social activities that enhance their quality of life.

The Borden Health Center provides medical care, ensuring that residents receive quality attention and personalized care plans. Borden is staffed with experienced healthcare professionals dedicated to maintaining the highest standards of care. The center offers a range of services, including rehabilitation therapies, skilled care, and specialized programs for individuals with various conditions and needs. The goal is to promote physical health, mental well-being, and overall quality of life for each resident.

Both the Webster Assisted Living Center and the Borden Health Center are part of Kendal at Lexington's commitment to fostering a caring and inclusive community for older adults. The communities are designed to adapt to the evolving needs of residents, ensuring they receive the appropriate level of care at each stage of their journey. With a focus on dignity, respect, and holistic well-being, Kendal at Lexington provides a nurturing home where residents can thrive and enjoy their lives to the fullest.



Kendal at Lexington By the Numbers...



We are open 365 days a year, 24 hours a day, and we are dedicated to caring for people.

Independent Living Resident (IL) Statistics as of 07/01/24:

- Number of IL men: 74
- Number of IL women: 129
- Total IL population: 201
- Average age: 82
- Number of IL Units: 150
- IL Cottages: 95
- IL Apartments: 55

First IL residents (Kendal trailblazers) moved to Kendal at Lexington on July 17, 2000. The campus will celebrate its silver anniversary in 2025.



KENDAL[®] *at Lexington*



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Contact Us

