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# CONNECTIONS

*Published by and for Residents of KENDAL at Lexington*

[www.kalex.kendal.org](http://www.kalex.kendal.org)

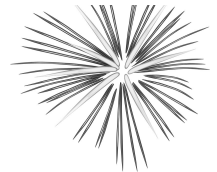
Vol. 18, No. 7, July 2018

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## **Celebrate the Fourth!!!**

Details on page 11



### **Kendal and Books**

*“The more that you read, the more things you will know. The more that you learn, the more places you'll go.” - Dr. Seuss*

Here at Kendal, we are surrounded by hundreds of books of all kinds in the Tutwiler library. Named for Col. Carrington Tutwiler, the second largest donor to Kendal at Lexington, this library collection is based on donations. Col. Tutwiler was a professor of English at VMI for 30 years, had an impressive book collection, and ultimately became a Kendal resident. The library bearing his name can indeed take us to new places far and wide.

Established at the beginning of Kendal's existence, the Tutwiler library was initially contained in the alcove spaces that now house two marketing offices. Over the years, generous donations of books from residents have greatly expanded the collection, to include books on shelves throughout Anderson and in both the South Building and Cox Hall. Memorial gift items add to it as well.

Open 24/7 for use by residents and staff, it is carefully and lovingly tended by the members of our Library Committee. The full list of Library

Committee members is posted in the Computer Room. The collection now amounts to about 7,000 items (not including music CDs) and has stabilized at that size due to space constraints. Books weeded from the collection are placed in our occasional book sales in the Alcove.

If you stop at the library desk in the lobby, you will find a map of book categories and their locations. Nearby are large loose-leaf binders that identify each item in the collection by author, title, and subject. Interested in history and biography, or mystery thrillers? – check the map, and you will find the shelves labeled accordingly.

The library has a section for newspapers and current periodicals, along with another containing CDs, and DVDs.

Residents borrow on the honor system. Typically, there is no limit on the number of items you can take out at one time, or the length of time you can keep any of them. You sign for your item on the library desk sign-out sheet and sign it in when you return it. (Do not re-shelve it yourself, in case you might put it back in the wrong place! Leave it in the Mystery Nook behind the library desk.) Read page V-17 of your red handbook for more library information. ▶

So, on a rainy afternoon, or anytime, find a good book for yourself in the Tutwiler collection, curl up in the library or at home, and enjoy the wonderful pleasures of reading.

— Maureen Crandall (with contributions from Mary Coulling, Dianne Herrick and Tom Bridges) ■



Maureen Crandall



### Corrections

For the June Connections issue: In the “Carpenter’s Sentimental Journey” article, page five, paragraph two should have read: “His father and mother, Delma Rae Carpenter and Gladys Jamison Carpenter, were campus Maroons until 1930, then moved to nearby High Street.”

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The Cornerstone Bank photo, page 15, should have included this caption: “Cornerstone Bank of Lexington officers, Ellen Campbell, left, and Steven Grist, center, with Kendal resident Penny Henneman.”

## Marketing News

Kendal at Lexington’s occupancy is 100% of available residences (including a cottage reserved for move-in soon). Only three (3), two-bedroom, two-bath, free-standing Sunrise Ridge Cottages are still available for reservation. ■

## New Paintings!

KaLex resident Sally Holland, head of the sub-committee charged with furnishing Kendal’s Restaurant with permanent art, recently reported the acquisition of new paintings.

“We are excited to announce that two new paintings have been added to the Restaurant collection.” Both are oils by South Carolina artist Sudy Dressler—“Vesuvius” donated by the artist and “Early Snow” purchased by the sub-committee. “Vesuvius” portrays rooftops of Vesuvius, Virginia, and “Early Snow” is a Virginia winter scene. ■

### About Connections

*Connections* is a monthly newsletter written by and for the residents of Kendal at Lexington, Virginia, with the goal of nurturing community. Residents are encouraged to submit suggestions and contributions to:

**connectionsArticles@gmail.com**

or to:

**Publishing Staff:** Ted Burrowes and John South (Co-Chairs and Layout), Sarah Giddings (Calendar), Susan Lynch, Doreen Folzenlogen, Kay Quirk, Karen Russell, Don Thomas (News/Features), Jack Geikler (photos).

**Proofreaders:** Sally Emory, Rae Hickman, Elbie Raisbeck, Nanalou Sauder, Margaret Sayre, Marje Sherrill, Rudie Terhune, Clara Belle Weatherman.

**Early submissions are encouraged - the deadline for the August, 2018 issue is Sunday, July 15, 5 pm.**

# Rockbridge Stories

*Kendal resident Margaret Skovira continues a local history column. She invites readers to ask a question about an event, person or place of historic interest in Rockbridge County (including Lexington and Buena Vista) to be answered in this column.*

**Q.** I have heard someone say he was born in the Stonewall Jackson House. How is that possible?

**A.** The Stonewall Jackson House on Washington Street in Lexington is named for its most famous owner, Thomas Jonathan Jackson, a teacher of Natural Philosophy at Virginia Military Institute (VMI). Jackson owned the house and lived in it his last two years in Lexington before joining the Confederate Army in 1861, where he acquired his nickname “Stonewall”. After his death his widow, Anna Morrison Jackson, retained ownership of the house but did not live there.

In 1906, recognizing the need for a hospital to serve Rockbridge residents, the Mary Custis Lee Chapter of the United Daughters of the Confederacy purchased the house from Jackson’s widow and began renovations. The result was the Stonewall Jackson Memorial Hospital which served the Rockbridge community from 1907 until 1954. The facilities were initially very limited but were continually improved and expanded, so that by 1912 the hospital had electric lights, hot water, private rooms, wards, and an operating room. Babies were born in the basement until 1938 when a new wing included a delivery room on the third floor. So anyone born in Rockbridge County/Lexington before 1955 may very well have been born in one of those delivery rooms.

After the present Carilion Stonewall Jackson Hospital opened in 1954 the old hospital closed and the house was restored to its original appearance as the Jackson family home. Today the

house is owned by VMI and operates as a museum open to the public. According to its web site, “Special emphasis is placed upon Jackson’s life as a professor, church leader, businessman, husband, and community leader during the decade that he lived in Lexington and taught at Virginia Military Institute before the American Civil War.”\*

\*<http://www.vmi.edu/museums-and-archives/stonewall-jackson-house/>

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A reader of last month’s article describing the North River Canal System asked: Who was Ben Salem? Answer: Ben Salem is not a person but a Hebrew expression meaning “sons of peace” and was the name of a Presbyterian Church built near the present Ben Salem Wayside in 1834. (The congregation had been meeting at Samuel Hamilton’s boat shed there since 1832.) In 1884 the church was rebuilt, using its original stones, at its present location off Forge Road in Buena Vista half a mile from the river and a little over a mile from the Wayside.■

## Memorial Book Honoring Elinor Denney

*Prairie Fires: The American Dreams of Laura Ingalls Wilder*, by Caroline Fraser (Henry Holt, 2017)

My first reaction to reading this was to want to go back and re-read all of the *Little House* books.

The Ingalls family were true pioneers, small-time farmers who suffered through locust invasions, blizzards, droughts and many other disasters, including the burning of one of their homes.

While Laura Ingalls Wilder is best known for her *Little House* books, she had a long and varied career as a farm daughter and wife before she ever started writing. She started writing the *Little House* books after the Crash and during the ►

Great Depression, although she had already published some more adult memoirs. Her journalist daughter, Rose Wilder Lane, encouraged her to record her memories of her frontier childhood and served as her editor for most of the *Little House* books.

This book is truly a history of western expansion as seen through the eyes and lives of a typical pioneer family. There is a wealth of information about the trials and tribulations of the pioneers, along with discussion of the role of government in the populating of our midwestern states.

Elinor Denney grew up in South Dakota, so this seemed a logical choice for her memorial book. Elinor's own memoir, *From the Black Sea to the Blue Ridge*, to be found in the biography section of our Tutwiler Library, is a fitting companion volume.

—Sarah Giddings ■

## Thoughts on Elderlaw

Some of my former readers may remember how upset I was two years ago when the singer Prince died without leaving a will. I expected that conflict among his survivors would make it very difficult for them to manage his estate, especially his then unreleased recorded performances. That is, of course, what has happened. A great deal of his music remains unavailable to those who loved his performances, tied up in controversies among his survivors to whom he left no instructions.

Another musician, Bob Marley, also died intestate a number of years before Prince and many of his performances also remain unavailable to the public. Marley at least had some reason for not leaving a will, apparently that was dictated by his Rastafarian religion, but another group of music lovers has lost the opportunity to hear the music that was part of his estate.

There are probably many of us who have taken those losses in stride. Most Americans die without a will for one reason or another, and most have assets that are more easily managed, shared, and distributed than masses of unreleased popular recordings. There is, however, no good reason not to advise your survivors concerning the nature, location, and preferred disposition at death of whatever property you have. This can be done by executing a will, something that is relatively easy to do and, if done properly, will avoid unpleasantness and unhappiness.

I think that this is the most important function of a will. There are numerous ways in which property can be distributed among friends and family without a will. State legislators have drafted intestacy statutes designed to dispose of our property when we neglect to do so. They have generally tried to make the statutes conform to what they believe to be the wishes of most people. I think the generally accepted pattern of distribution among spouse and issue and then more remote relatives accomplishes this.

State legislatures have also made rules governing the administration of decedents' property when there is no will, but I think that they have been less successful in this. There is no general pattern of property ownership. Skills and interests are not divided in standard ways among our friends and relatives.

I think that it is therefore necessary that we make choices among those who might be chosen to act for us. We know them best and, perhaps, understand how they will act with regard to others who may be involved in ways that will reduce surprise and discord. Choosing among friends or relatives who will best understand and carry out our wishes may not be easy, but probably is more so for us than for legislators.

Whoever we may choose should be given directions in our will if there are specific ►

obligations we want carried out with regard to specific property or potential recipients. Specific directions may be necessary for specific things or people. We need to put those directions in the will so that all may understand what we actually wanted. These are provisions that should be set forth in every will to minimize surprise and controversy in due course. It is these administrative provisions that are at least as important as the donative provisions that we are likely to think about more often and that make it important that we actually have wills.

—Ned Henneman ■

## Digital Bits

### Wi-Fi update -

The rollout described in our last newsletter article continues in process. At this point we understand that all the Sycamore Lane fiber has been installed, and similar work is underway for the apartments and cluster cottages. The next steps will be robust network testing and finally, configuration of each resident's password-protected node. The work is underway but an exact timetable is not currently available, pending the arrival of Mark Christensen, KaLex' new I.T. Director replacing Nathan Straub. Stay tuned for more news on this front over the coming weeks.

### Other planned initiatives -

Recent scandals involving Facebook and other tech companies, and the implementation of the European General Data Protection Regulation (GDPR), have put internet security in the news and on our minds. Multiple news organizations have published tips on how to increase our levels of protection with tools available in the "settings" of many popular apps. W & L Information Technology staff members will present a series of talks to help KaLex residents reduce many of the ways these apps can gather information about YOU.

The first two sessions, *Internet Security and Privacy, Parts I and II*, are scheduled for 3:30 pm on Monday July 23rd and August 6th. Each presentation will be followed by a week or more of Help Room sessions to guide interested residents through changes in the settings on their individual devices. To help focus these sessions, a brief survey will be distributed to interested residents, so please complete the survey when it arrives. Future sessions will cover other topics as identified in the survey.

—John South ■

## Notes from "Eddie"

This interview was done by the telephone. My owner, Shay, talked with Nancy Ruley and Bill Willey. She had a very nice conversation with Nancy and Bill. Their cat named Neko is a female they rescued when she was three months old. Nancy worked at a rescue center and they also got an older cat who was the alpha cat. When they moved to KaLex the older cat had to be put to sleep because of advanced breast cancer.

Neko is totally an indoor cat with front claws removed so she is a wonderful addition to the Kendal family of felines. Her markings are calico and listed as diluted tortoise shell grey and cream.

I really wish I could have met her but she isn't too fond of strange people or pets. So we had to do the telephone interview.

Neko really doesn't like to socialize with anyone except Nancy and Bill and she enjoys curling up on Nancy's lap or watching out the cottage windows. We welcome Bill, Nancy and Neko to the Kendal family.

Let my owner, Shay, know if you hear of any new feline friends in the Kendal community (or any we may have missed. ).

Until next time, Eddie.■

# Kitchen Tour

Eight Kendal residents equipped with hats followed Judy Kurtz, Kendal's Director of Dining Services, in a comprehensive tour around the Kendal kitchen on June 4<sup>th</sup>. The visit covered everything from the loading dock to the dishwashers.

I wanted to report that the tour covered everything from soup to nuts, but when someone asked Judy, "Where are the samples?" she replied, "This is a kitchen tour, not a tasting tour." We laughed and kept going.

Preparing food for up to 245 KaLex residents from independent living, and the Webster and Borden Centers is achieved in a surprisingly compact and efficient area. First the food is delivered by U.S. Foods, Kendal's main supplier, every Tuesday and Friday at the loading dock. Produce arrives from two local companies, Cavalier and Sunflower Flats. Before the kitchen entrance a separate room holds cleaning supplies and chemicals, to keep them separate from foodstuffs.

Inside the kitchen are three large storage units in a long rectangular corridor. The first unit is dry storage for non-perishable foods in a climate controlled room. Next in line are a walk-in freezer held at 0 degrees F. and a refrigerator at 36 to 41 degrees F. Foods are stored in these units on shelves in "First In, First Out" order, which means food is used in the order received.

"You know, if you put too much in your home refrigerator, you forget what's there and then have

to throw out rotten and expired-date foods. We avoid that here," Judy said. Food supplies are constantly moving, so that nothing is wasted or kept longer than the expiration date.

The kitchen widens to hold the cooking area with two convection ovens for baking, a large skillet or braiser for slow cooked foods like stews, and an enormous cauldron for soups. The braiser and soup pot can tilt for pouring contents into serving pots and ease of cleaning.

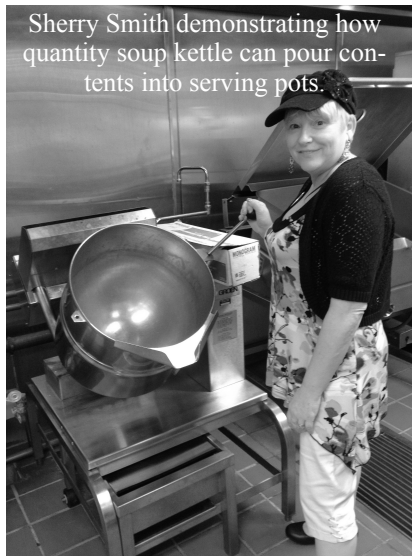
Next are three preparation tables of stainless steel with knives and other implements hanging on hooks above them. On one wall is a large refrigerator to hold prepared items for Borden.

A large dishwashing area is next for rinsing and washing trays, dishes, cups, glasses and cutlery. These are stacked in containers and rinsed to remove food debris, then washed in the dish machine and drained dry in containers or racks without being touched by drying towels. Pots and pans are cleaned separately in soap, wash and sanitizer sinks.

In the same area is a small, separate room that holds paper and plastic goods.

The kitchen staff numbers about 45. Judy's supervisees are chefs Mark Chittum, J.J. Johnston and Jenny Sobczynski; Sherry Smith, front of house, training and cleanliness and point of sale director; and Hazel Hall, Borden director.

Local students serve part-time with the buffet line, service and bussing tables in the dining hall and Restaurant. Another tour is scheduled for July 9th.



Sherry Smith demonstrating how quantity soup kettle can pour contents into serving pots.

-Susie Lynch ■



## Have You Been Curious Too?

In talking about the new meadow resulting from the soil relocation portion of the Sunrise Ridge project, Executive Director Mina Tepper once mentioned that there would be delightful views from there. Intrigued, and prior to any activity by the contractor, our intrepid staff hiked to the spot that we project will be the highest and best viewing location and took a few photos. This one shows the campus from the new vantage point. As with much photography, the in-person experience is more dramatic and inspiring, but even this photo promises a rewarding scenic experience when the project is completed. ■



Photo by Ted Burrowes

## The Water in Sunny-side Run

Before my wife Meg and I moved here we made a number of trips to Kendal at Lexington to visit her brother and sister-in-law, David and Sally Emory. On one of those occasions I collected a water sample from Sunnyside Run to view by microscope. At the time, I was involved in a project to study the microorganisms in a salt water wetland near our home on Long Island Sound. As some species were good indicators of the health of the tidal marsh, I thought the same might be true for the fresh water in Sunnyside Run and the banks edging it. I found a number of interesting “critters,” including Lachymaria (a tear-shaped ciliate), several types of diatoms (beautiful organisms residing in elaborate “glass” houses), Spirogyna (a green alga), and a number of common protozoa. My observation was that, although some of the organisms indicated a slightly

eutrophic (overly nutrient rich) condition, the water was basically a healthy and balanced environment and showed the good stewardship of Kendal and our neighbors.

—Chris Stackpole ■

## Missy’s Musings

*(Missy Quirk, canine protectress of resident Kay Quirk, keeps us up-to-date on her doggy friends)*

Unless you’ve lived here a long time, you most likely have never seen sweet Lucy (Raisbeck).

I met her in 2016 at the Annual Dog Show. Last year, she was a no-show. I hope we will have this event in the cool weather and we will touch noses again. You won’t see her on a walk because she loves being tethered in her back yard, thus no neighborhood walks on a leash.

Lucy is a Miniature Schnauzer and she is blind! She was a rescue a eight years ago ▶

with a dubious past full of lies. Her given age was incorrect but her vet, Dr. Logan, thinks she is now about 12-13. Lucy became blind gradually due to diabetes and later had her eyes removed when she went totally blind and was in pain due to glaucoma. Since she had her sight when she came to Kendal, she knows her way around very well and continues to enjoy the company of Elbie's cats, Jenny and Munchkin.

Unlike other schnauzers I've known, Lucy is a very loving and quiet girl. She delights in snuggling close to Elbie or even one of the cats.

Lucy is very spry, jumping up and off of the sofa without a mishap with the coffee table. She had a favorite trick of raising the toilet seat to get a drink of water, but Mama fixed that! Favorite treats are Pill-Pockets and a ride in the car. Pampered Pets, with their mobile bus, knows just how to groom her and she submits willingly.

I hope to see Lucy again at this year's Dog Show. ■



## One Small Step....

Judy Kurtz and the Food and Dining Committee announce that as soon as inventory runs out, we will attempt to eliminate all plastic straws and stirrers in line with a major effort to help to reduce the billions upon billions of unnecessary items across the world that end up in the seas, lakes, and land. They are too small to bother with in the environment one at a time and major efforts are being made to stop the spread of these items which remain for years in the environment. In our dining areas, wooden stirrers and paper straws will replace the plastic.

## Yes, It Really Is YOUR Committee

Every few years, the Residents Council asks us to support the many activities sponsored and/or managed by our committees. Now is such a time. And why is it that we are asking for money to finance these committees? Simply because we are their only source of funds. Thus, if you enjoy the movies that play twice a week, be aware that we must pay for the license so we can show them. If you appreciate the use of the photocopier, then ►

Have you tried the new salad dressing bottles? I've been assured they work better than the old ones. But you have to know how to operate them. Don't turn them over. Squeeze only and you should get a lovely stream of salad dressing from the bottom of the bottle. See how beautifully Doreen Folzenlogen is operating one.

—Sarah Giddings





please realize that the inks and toners are not free. These are only two of the activities and facilities enjoyed by us all, and we must all be aware of our responsibility to support them. Checks should be made payable to KaLex Resident's Association and placed in Burrell Fisher's open box, #1006.

—Bill Schellestede ■

## A Conversation With Jul

*To keep us up-to-date with Phase III, Owner's Representative Julia Skare will periodically answer questions about how the construction is moving along. We spoke in early June. For more information see the box on the next page.*

**Connections** – Many residents found the role of Owner's Representative a new concept, and were interested in learning what sort of background prepared you for this key responsibility.

**Jul** – An abbreviated version of my background is - I am a licensed Professional Engineer with a BS in Civil Engineering from Penn State and a MBA in Finance from the University of Dallas. I spent approximately 10 years each as a structural engineer, working for municipalities as a plan reviewer and City Engineer, and as a consulting design Project Manager, before I went out on my own. What I'm doing now combines these areas.

**Connections** - We see a lot of action on the Sunrise Ridge work site, and early preparation for the

Borden Center project. What can we expect to see next?

**Jul** – The main work in the Borden area will occur after the relocation of utilities, now just getting started, is completed. That will probably get going by mid to late summer. Sunrise Ridge soil removal will begin in earnest in the near future.

**Connections** - The photo below shows some major excavation and soil removal. Could you explain some of the features that are visible from Kendal Drive and Springlot Drive?

**Jul** – Two things that elicit questions relate to implementation of infrastructure for communication lines, sanitary lines, and storm water management systems. For example, the access manhole cover in the middle of the haul ramp, which rises well above the surface of the ramp, is there to provide access to conduits for communication lines, so that they can be accessed as the overall project

progresses. Similarly, many other manhole access points will be added in the coming weeks – concrete for storm water, and black coated ones for sanitary lines. Those will all be at grade level when the work is completed.

**Connections** - What is the large dug out area (see photo) with what looks like Roman amphitheater seating arrangement all about?

**Jul** – No gladiators are scheduled. The wall is terraced as a safety precaution while we prepare to insert subterranean plumbing for storm water and sanitary needs for Sunrise Ridge. ■



*Owner's Representative Jul Skare points out the safety terracing as subterranean systems are readied on Sunrise Ridge*

If you are curious about what is happening on Sunrise Ridge, there is a continuous loop PowerPoint slide show set up in the Tutwiler Library. Please stop by and take a look at it . . . you don't have to push any buttons or click on anything . . . it's just running all by itself! KaLex will update it periodically so you can see what is happening "behind the curtain." The laptop is placed on the counter beside the three library index notebooks.

## A Treasure in Our Midst

Have you ever arisen in the morning and said, "This is it. I have GOT to do something with my hair"? If so, look no further than Lisa's at Kendal, next to the former health clinic on the second floor of Anderson Hall.

This is where Lisa Lewis operates her beauty salon, helping us to look our best. Her hours are 8 a.m. - 2 p.m. on Wednesday, 9 a.m. - 2 p.m. on Thursday, and 9 a.m. - 12 p.m. on Friday. She sometimes stays longer or adds an extra day as demand and holidays dictate. She can be reached at 540-570-7217, and will return your call as soon as she can if she is tending to someone else.

Lisa is experienced, personable, and excellent at her craft. She has been a hair stylist for nearly 31 years and has had the Kendal shop for three and a half years. She cuts, washes and styles, according to your preferences, or as you and she implement new approaches to your look. You can be in and out of her shop in 20-30 minutes. She prefers that you have an appointment but will take walk-ins as time permits.

Most of her Kendal customers are women, but male clients are by no means rare and make up a substantial minority. There are smiles on all faces when people leave after Lisa has worked her magic, which includes the speed with which she does it.

Lisa handles from 20-30 clients on Wednesdays, from 10-20 on Thursdays, and 10 or more on Fridays. Many are regular weekly clients, while others come only occasionally. Her Borden and Webster clients tend to come on Wednesdays.

The convenience factor of having Lisa's salon in Anderson is huge – no need to go out in the heat or the bad weather, or to wrestle with parking. Her prices are most reasonable, and you can pay either through your Kendal account or by cash or check. When Lisa is not working here with us, she is typically at Rita's Hair Salon, located at 323 Campbell Lane.

Recognize a treasure and give her a try – you will not regret it.

— Maureen Crandall ■

### Vespers for July

(4 PM in Borden Sun Room)

DATE	OFFICIANT	MUSICIAN
July 1	Patrick Lanaghan	Clyde Moore
July 8	Joseph Callies	Kay Horner
July 15	Deb Klein	Jean Eisenhower
July 22	Kris Peaden	Mary Harvey-Halseth
July 29	William Klein	Lee Higgens

# Calendar Notes

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## **The Four Seasons of Buenos Aires**

**Sunday July 1, Garth Newel, 3:00 pm, bus at 1:15 pm**

Music by Frank Bridge, Ástor Piazzolla and Felix Mendelssohn played by the Garth Newel Quartet. The first of several summer excursions to this extraordinary venue.

## **Fireworks, 4<sup>th</sup> of July, & Balloon Glow Festivities**

**Sunday July 1, bus at 7:30 pm**

The 22<sup>nd</sup> Annual FIREWORKS AND FESTIVAL at the Virginia Horse Center. Kendal will have a bus leaving at 7:30 pm, which will give people time to visit the booths and sample the foods before the fireworks at 9:15 pm. If you go by car, the charge for parking is \$5 per car. (The Rotary Club promises that exiting after the fireworks will be handled better this year.)

## **Wednesday, July 4<sup>th</sup> at Kendal.**

Enjoy Kendal's classic picnic lunch at noon. There will be no food service in the evening so employees can enjoy the holiday with their families. BUT – do come down to the Courtyard at 7:30 pm and enjoy some music, games, an ice cream bar, sparklers and glow sticks. This will be in the dining room if it is raining.

## **Friday, Saturday, July 6-7**

“Balloons Over Rockbridge” Festival at the Oak Hill site at the Virginia Horse Center. (Entrance across the street from the Horse Center off Rt. 39.) Music and vendors booths both days with a Balloon Glow at 9 pm on Saturday, July 7. Bus scheduled at 7:30 pm for the Balloon Glow. If you are interested in a balloon ride (\$200 per person), go to the Balloons Over Rockbridge web site ([www.balloonsoverrockbridge.com/](http://www.balloonsoverrockbridge.com/)).

## **Rusty Capps “Domestic Terrorism”**

**Thursday July 5, 4:30 pm, Kendal Hall**

Domestic Terrorism: Attacks You Never Read About. What is it? Why isn't it more easily recognized? According to Rusty Capps, many incidents/events are not well known because the victors do not want others to know what they did to win. He looks at history through different lenses from what we studied in history classes. Capps will define his topic and highlight examples from various periods of U.S. history. Is the Civil War the only civil war in U.S. history? His July 5 presentation will include such topics and more.

Rusty Capps, a retired FBI Supervisory Special Agent, is an adjunct professor at Radford University, where he teaches classes on international and domestic terrorism, intelligence, counterintelligence, and law enforcement. He is also a *Road Scholar* expert and lecturer on counterterrorism, counterintelligence, and security awareness.

# Calendar Notes

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## **“As You Like It”**

**Sunday, July 8, Lime Kiln**

**Bus 6:30 pm, Play 7:30 pm**

The Endstation Players from Lynchburg will give a performance of Shakespeare’s *As You Like It*. The bus will leave at 6:30, giving folks a chance to purchase food at “The Cabin” and eat at the benches in the lovely Lime Kiln setting before the performance begins at 7:30. If you did not purchase a ticket in the pre-sale, you can buy a ticket at the gate – or visit the Lime Kiln web site to follow the links to purchase tickets.

## **Frontier Culture Museum**

**Thursday, July 12, Bus 8:30 am**

The outdoor Frontier Culture Museum tells the story of early immigrants and their American descendants in moved or reproduced examples of traditional rural buildings in two sections.

The Old World exhibits show rural life and culture in four homelands of early migrants to the American colonies: England, Germany, Ireland, West Africa, plus America.

The American exhibits show the life these colonists and their descendants created in the colonial back-country, how this life changed over more than a century, and how life in the United States today is shaped by its frontier past.

To take advantage of cooler morning temperatures, the bus will leave at 8:30 for the 45 minute drive to Staunton. At the museum a large shuttle reserved for Kendalites will stop at each site while folks look around the buildings. Many buildings have interpreters doing demonstrations of life on

the farms. The group fee, payable at the entrance, is \$8 per person. The visit at the museum will be approximately 2 ½ hours, with lunch (à la carte) to follow at Mrs. Rowe’s (nearby restaurant).

## **Handling the End-of-Life It’s about how you live.**

**Thursday, July 12, 4:30 pm,  
Kendal Hall**

This talk by Tasha Walsh, Executive Director, of the local Hospice, provides an overview of Rockbridge Area Hospice and the services offered at multiple stages surrounding the end-of-life. The presentation covers factors that help lead to a peaceful death, which relate to how you live your life for as long as you can.

## **Flights of Fancy**

**Sunday, July 15, Garth Newel  
3:00 pm, bus at 1:15pm**

Garth Newel Piano Quartet with Thiago Anselmo, clarinet, and Joel Fuller, violin, play pieces by Wolfgang Amadeus Mozart, Rebecca Clarke and Paul Moravec. This concert is sponsored by Kendal at Lexington. There will be no charge for the bus. With the menu including a grilled pastрами and fontina melt and a roasted vegetable wrap with avocado hummus, we might choose to stay for the picnic. Watch the bulletin board for more information.

# Calendar Notes

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## **Joseph Family Concert**

**Tuesday, July 17, 7:15 pm,  
Kendal Hall**

Jacob Joseph, a former student of Charlene Jarrett, will be giving a piano concert of classical music during the first part of the program. Afterwards the Joseph Family Singers, plus a group of instrumentalist friends, will provide light entertainment.

As a student at Liberty University, Jacob was a part of a student-led initiative to connect collegiate music students with teaching opportunities in the community. He graduated with honors from Liberty and will be pursuing a Masters of Music in Piano Pedagogy at the University of South Carolina.

## **“On the Town” Brunch at I-Hop**

**Thursday, July 19, Bus at 10 am**

Hungry for pancakes? Brunch? Now is your chance. Sign up for this trip on the bulletin board. Your choice of food and you pay for your own meal.

## **Community Theater -**

**July 12-14 & July 19-21**

**Friday, July 20, bus at 7 pm,  
play 7:30 pm, Gillis Theater,  
VMI**

*The Man Who Came to Dinner* will be performed on July 12-14 and July 19-21. This is a delightful comedy with a big cast that includes our very own Melou Piegari, Jack Page, Shay Peters and her granddaughter Elise Brooke. You may have seen the old movie or Broadway pro-

duction. There are senior rates for tickets. More information will be available in the News Gazette and posters around town. Come and support our Community Theater!

## **Internet Security and Privacy**

**Monday, July 23, 3:30 pm,  
Kendal Hall**

Members of the W&L Information Technology staff present *Internet Security and Privacy, Part 1*.

## **Garth Newel Emerging Artists Concert**

**Wednesday, July 25 7:15  
pm, and at Kendal Hall**

The 14th annual concert by the Emerging Artists of Garth Newel is scheduled for July 25. This amazing group of young musicians always provides a glorious and meaningful evening of chamber music.

## **Sweet Beginnings, Bittersweet Endings**

**Sunday July 29, Garth Newel,  
3:00 pm, bus at 1:15 pm**

The Ensō String Quartet's final concert before disbanding, with Jeannette Fang, piano. Music by Ernő Dohnányi and Ludwig van Beethoven.

## **Devil's Backbone Tour**

In the planning stages – Keep your eyes open for a notice of a tour and tasting at Devil's Backbone in early August.

## Weekly Scheduled Activities

<b>DAYS</b>	<b>TIME</b>	<b>ACTIVITY</b>	<b>LOCATION</b>
Sundays	4:00 pm	Vespers	Borden Sun Room
Mondays	2:00 pm	Needleworkers	North Parlor
Mondays	7:00 pm	Movie	Kendal Hall
Tuesdays	12:45 pm	Recorder Consort	Kendal Hall
Tuesdays	5:00 pm	Wine & Conversation	Kendal Hall
Thursdays	10:00 am	Bible Study	Staff Development Room
Thursdays	7:00 pm	Movie	Kendal Hall
Fridays	10:30 am	Kendal Singers	Kendal Hall

## Monthly Scheduled Activities

1st Mon. 8:00 am	Men's Breakfast	Dining Room
1st Tues. 10:30 am	Poetry Interest Group	Borden Sun Room
1st Thurs. 8:45 am	Facilities Committee	Kendal Hall
2nd Mon. 1:00 pm	Culture & Entertainment Committee	Borden Conference Room
2nd Tues. 1:00 pm	Residents Council	North Parlor
2nd Tues. 3:00 pm	Food Committee	Staff Development Room
2nd Tues. 6:30 pm	Sunnyside Weavers	Sunnyside House
2nd Thurs. 1:00 pm	Wellness Committee	Group Fitness Room
2nd Thurs. 2:00 pm	Dementia Caregivers Support Group	Sunnyside House
2nd Fri. 9:00 am	Library Committee	Kendal Hall
3rd Wed. 9:30 am	Residents Association Meeting	Kendal Hall
3rd Wed. 1:30 pm	Horticulture Committee	Sunnyside House
3rd Wed. 2:00 pm	Furnishings & Interiors Committee	North Parlor
3rd Thurs. 1:30 pm	Sustainability Committee	Staff Development Room



# July Activities Calendar

*With some exceptions the activities listed here are arranged through the Culture and Entertainment Committee. Bus transportation is usually \$2.00. Some events are arranged too late for inclusion here. Please check the bulletin boards. Most Kendal Hall events are free and open to the public.*

DATE	TIME	EVENT	SEE	COMMENTS
1, Sun.	3:00 pm	Garth Newel Concert. Warm Springs.	p. 11	bus 1:15 pm
1, Sun.	2 pm-10 pm	July Festival and Fireworks. Virginia Horse Center.	p. 11	bus 7:30 pm
4, Wed.	7:30 pm	Fourth of July music, games and ice cream bars	p. 11	Kendal courtyard
5, Thurs.	4:30 pm	“Domestic Terrorism.” Rusty Capps	p. 11	Kendal Hall
7, Sat.	See article	Balloons over Rockbridge. Balloon Glow. 9:00 pm	p. 11	bus 7:30 pm
8, Sun.	7:30 pm	<i>As You Like It.</i> Endstation Players. Lime Kiln.	p. 12	bus 6:30 pm
9, Mon.	3:00 pm	Kendal Kitchen Tour	p. 6	Kendal kitchen
12, Thurs.	9:15 am	Frontier Culture Museum & Mrs. Rowe’s for lunch	p.12	bus 8:30 am
12, Thurs.	4:30 pm	Talk by Tasha Walsh, Rockbridge Area Hospice	p.12	Kendal Hall
15, Sun.	3:00 pm	Garth Newel Concert. Warm Springs.	p.12	bus 1:15 pm
17, Tues.	7:15 pm	Joseph Family Concert	p.13	Kendal Hall
18, Wed.	9:30 am	Residents Association Meeting		Kendal Hall
19, Thurs.	10:15 am	Brunch at I-Hop.	p.13	bus 10:00 am
20, Fri.	7:30 pm	<i>The Man Who Came to Dinner.</i> Community Players. Gillis Theater, VMI	p.13	bus 7:00 pm
23, Mon.	3:30 pm	Internet Security and Privacy - W & L Staff	p. 5 & 13	Kendal Hall
25, Wed.	7:15 pm	Garth Newel Emerging Artists Concert.	p.13	Kendal Hall
29, Sun.	3:00 pm	Garth Newel Concert. Warm Springs.	p.13	bus 1:15 pm
Early August	TBA	Tour and tasting at Devil’s Backbone Brewery.	p.13	Brewery



Sunnyside House -

Kendal at Lexington  
The Residents' Newsletter