



# Kendal at Lexington

*The Residents' Newsletter*

160 Kendal Drive  
Lexington, Va. 24450

(540) 463-1910  
www.kalex.kendal.org

Vol. 15, No. 12  
**DECEMBER 2015**

---

## **Standing Committees Keep Us Zooming Along**

Kendal at Lexington reflects what all of us, as a community, want our home to be. To keep things this way, we residents are actively engaged in making decisions that affect our daily lives -- and then, having made the decisions, in carrying them out. The standing committees of the Residents Association provide the framework for a great deal of this resident involvement.

Each December, Residents Council (the executive arm of the Residents Association) distributes a sign-up sheet for the standing committees, to take effect the following year. Committee membership does not carry over automatically, so residents are asked to sign up even if they plan to stay with their present committee(s).

A list of the standing committees and their 2015 membership is posted in the Residents Association office -- the small room near the mailboxes in Anderson lobby, where the residents' photocopier lives. Needless to say, this information is very useful for anyone trying to figure out which resident to consult about some particular matter. A list for 2016 will be forthcoming in January, based on the results of the current sign-up sheet.

The following brief descriptions of the standing committees are based on information from the Residents Handbook (the red binder), section IV.B. Each description includes the name of a resident who has recently been involved with that committee (even though he or she may not plan to continue into 2016), and who can answer questions about it.

**Bereavement.** Assists with arrangements at the time of a death in the community; is responsible for posting information as soon as it is available; assists with services scheduled at Kendal; provides support for family members. [Caroline Bridges]

**Culture and Entertainment.** Plans, promotes, and presents cultural and entertainment programs, both on and off the Kendal campus. [Dianne Herrick]

(cont. on p. 6)

### **A Warm Welcome to:**

**John Dinkel**, Apartment 123, Cox Hall; moving to Kendal from Lexington, Va. (John's wife, Nancy, is a resident of the Borden Center.)

## 🎵 Calendar Notes 🎵

[See also pp. 12 and 13. With some exceptions, most of them specified, the activities listed here are arranged through the residents' Culture and Entertainment Committee, chaired by Dianne Herrick. "Borden" = Benjamin Borden Center (skilled nursing care); "Webster" = Webster Assisted Living Center.

Some events are arranged too late for inclusion here. Please check the bulletin boards.

The charge for bus transportation to and from an event in Lexington is \$2.]

**Dec. 1, Tue., 10 am.** Trimming of the tree in the Borden Center. See story, p. 4.

**Dec. 2, Wed., 1:30 pm.** Trimming of the tree in the Webster Center. See story, p. 4.

**Dec. 2, Wed., 4:30 pm.** Talk by Scott Beebe, Project Engineer at W&L, about construction currently under way on the W&L campus. Kendal Hall. **Free and open to the public.**

**Dec. 3, Thu., 8 pm.** The University Jazz Ensemble presents a "Sinatra Centennial Salute," paying tribute to the legacy of Frank Sinatra. No ticket required. Wilson Concert Hall, W&L. [bus, 7:20 pm]

**Dec. 4, Fri., 2:30 pm.** Staff Appreciation Party. Come and greet our wonderful staff as the holidays get under way. Kendal Hall.

**Dec. 4, Fri., 6 pm.** Annual holiday parade in downtown Lexington. Kendal will be represented by one of our buses, suitably decorated, and by a very special float designed and constructed by Kendal staff members, who initiated the idea. Residents may ride the bus or the float, or may walk beside them. Contact Charlotte Sibold, Health Services Administrator, at 464-2633 if you would like to get in on the action.

**Dec. 5, Sat., 7:30 pm.** Annual holiday concert by the Rockbridge Choral Society, directed by Bill McCorkle. According to resident Wil Stratton, nine Kendal residents are currently singing with this group, along with four children of past and present Kendal residents. The concert will be preceded by an audience sing along at 7:15. Ticket \$10, available at the door or in advance from resident Ruth Woodcock. Lexington Presbyterian Church. [bus, 6:50 pm]

**Dec. 6, Sun., 2 to 5 pm.** Winter Greenery Workshop at Boxerwood Nature Center and Woodland Garden, 963 Ross Road. The garden will just have pruned plenty of fresh greenery, and it will not go to waste as workshop participants create wreaths, swags, and small arrangements with the guidance of Boxerwood's horticulturist, Faith Vosburgh. Kendal at Lexington is the sponsor of this event, and Kalex residents and wait list members can participate free. (Otherwise, the fee would be \$20.) Kendal's apartment dwellers are reminded that fire regulations frown on live holiday greenery in apartments, but that Boxerwood creations make wonderful gifts. Space in this workshop is limited; please RSVP to [faith@boxerwood.org](mailto:faith@boxerwood.org) or telephone 463-2697. [Transportation arrangements TBA. Watch for postings.]

**Dec. 7, Mon., 8 am.** Monthly men's breakfast in the Dining Room. No reservation needed.

**Dec. 8, Tue., 10:30 am to noon.** Trimming of the tree in Anderson lobby. See story, p. 4.

**Dec. 8, Tue., 6 pm.** The Sunnyside Weavers will enjoy a potluck supper and a talk by resident Ruth Tafel on her trip to South America and the weaving she saw there. This group is open to all Rockbridge area weavers. Sunnyside House.

**Dec. 8, Tue., 7 pm.** Holiday Pops Concert -- traditional and contemporary arrangements of

(cont. on p. 3)

**Calendar Notes**

(from p, 2)

favorite holiday tunes, performed by several W&L student groups. Ticket free but required; supplied to riders on the Kendal bus. Wilson Concert Hall. [bus, 6:20 pm]

**Dec. 9, Wed., 10 am.** Monthly meeting of Kendal's Photography Group. Contact resident Wil Stratton with questions. Staff Development Room, near the dining area.

**Dec. 9, Wed., 3 to 5 pm.** Santa will visit Borden to greet our "Kendal Kids," children and grandchildren of staff and residents. Fun, festivity, photo op. Those who would like to bring their clean and well-behaved dog to meet Santa are welcome to do so. Arranged by Laura Hotinger, Resident Life Coordinator.

**Dec. 10, Thu., 2 pm.** Monthly meeting of the Dementia Caregivers' Support Group. Open to all Kendal residents and staff, as well as to all Rockbridge area residents. For more information, contact Cathy Lewis, Kendal's Clinic RN, at 464-2609. Sunnyside House.

**Dec. 10, Thu., 6 pm.** Holiday party sponsored by the Marketing Department. Invited guests include those on the priority wait list. Residents who have submitted new prospect referrals will have received invitations as well. Lobby and Kendal Hall.

**Dec. 11, Fri., 7 pm.** "W&L Dancers Create," works composed and performed by students. Ticket \$5; box office, 458-8000. [bus, 6:20 pm]

**Dec. 12, Sat., 10 am to noon.** Trimming of the tree in Sunnyside parlor. See story, p. 4.

**Dec. 12, Sat., 11 am.** Recital by string students of Julia Goudimova, a member of the W&L music faculty and a frequent visitor to Kendal. Kendal Hall. **Free and open to the public.**

**Dec. 15, Tue., 3 pm.** Becky Edmondson, Executive Assistant and an accomplished harpist, will play seasonal music in the Borden Center. Arranged by Laura Hotinger, Resident Life Coordinator.

**Dec. 16, Wed., 9:30 am.** Presentation by Felicia Bush, Kendal's Director of Finance, on next year's budget. Kendal Hall.

**Dec. 16, Wed., evening, time TBA.** Bus ride to view holiday lights in Lexington and Buena Vista. Watch for postings on the time. (6 pm? 7 pm?)

**There will be no Residents Association Meeting in December.**

**Dec. 18, Fri., 7 pm.** The Kendal Singers present their holiday program of sacred and secular music, with the Recorder Consort and other groups. Resident Don Taebel is director. **Free and open to the public.**

**Dec. 25, Fri., Christmas Day.** Kendal's traditional holiday buffet. Dining Room.

**Dec. 31, Thu., 7:30 - 9:30 pm.** New Year's Eve with music and champagne. Kendal Hall.

**Artwork Currently on View**

Both of Kendal's venues for temporary art exhibits, The Restaurant and the Residents' Gallery, installed new shows during November. Both are located on the first floor of the main building, south of the dining area.

The current Restaurant exhibit, which continues through January, features painting by Susan "Sudy" Dressler, who lives in York, South Carolina, and frequently visits Lexington. This

(cont. on p. 4)

**Artwork on View**

(from p. 3)

show focuses on her attractive and often familiar landscapes (Kendal owns several of these), as well as a Paris café scene, a Pawleys Island street view, and a striking study of trees near the Kendal entrance.

A colorful farmscape with a red-roofed barn titled "Field with Queen Anne's Lace" will remain at Kendal when Sudy's exhibit ends. The painting was purchased by an anonymous donor to honor fellow resident Louise Tardy, "in appreciation of her many contributions to others and to the community."

As is usual with Restaurant exhibits, a list of works and their prices is kept near the entrance, on a glass shelf to the left as one enters, along with information for contacting the artist. Anyone wishing to buy a piece should deal with the artist directly. Kendal is not involved in these transactions (and doesn't take a commission). Restaurant exhibits are selected and hung by residents Nancy Epley and Sally Holland.

The Residents' Gallery, in the corridor outside The Restaurant, is showing a wide variety of works -- paintings, prints, photographs, fabric art, wood carvings, weaving, needlepoint, and more. Some of the sixteen artists have exhibited in the Gallery before, while others are new. The show will hang until early March. Gallery shows are arranged by Victoria Shelar and Trix Rumford, with help from Nancy Epley and Gene Shelar.

---

## **Volunteers Needed To Trim Holiday Trees**

Handsomely decorated trees are a holiday tradition at Kendal at Lexington. This year, resident volunteers are needed to help trim four of them!

There is no need to notify anyone if you are available to help with the tree trimming. Just show up at the time(s) and place(s) noted below:

**Dec. 1, Tues., 10 am to noon.** Borden Living Room (near nurses' station). Some of the ornaments used on the Borden tree were made or given by residents. These are combined with shiny glass balls and traditional toys acquired for the tree over the past decade.

**Dec. 2, Wed., 1:30 to 3 pm.** Webster Lobby. Webster has the most dazzling tree decorations, thanks to Pat and Jack Geikler, who in 2013 donated a remarkable collection of hand blown or molded clear glass ornaments that they had gathered on their European travels. The understanding is that they be shown annually for the benefit of those unable to get home for the holidays. The Geiklers also gave the Kendal library a wonderful selection of out-of-print books about old-fashioned Christmas tree decorations.

**Dec. 8, Tue., 10:30 am to noon.** Anderson Lobby. The seven-foot tall Anderson tree features a big assortment of decorations, mostly hand made, representing a variety of cultures and traditions. All have been contributed by residents or friends of Kendal. If you have an ornament you would like to donate, simply hang it on the tree.

**Dec. 12, Sat., 10 am to noon.** Sunnyside Parlor. Following the practice in many mid-nineteenth century American homes, Sunnyside has a four foot tree set on a table in the parlor. Small-scale Victorian-style ornaments are used, together with tiny wooden toys and little glass balls from Germany.

-- Trix Rumford



## 😊 **Philanthropy Report** 😊

### **A Thank You and a Reminder:**

During the last four months, residents, friends, and families continued to open their hearts and wallets to Kendal at Lexington.

Contributions to the Fellowship Fund totaled \$7,100. Many of these gifts were made in memory of residents Betty Evans, Dusty Smith, and Anne Zimmerman -- a wonderful tribute to them and a chance to make a real difference in the life of another resident. Another gift was made in honor of Bob Glidden, chair of our Board of Directors, to thank him for his dedication to Kendal at Lexington.

October saw the beginning of the semi-annual Staff Appreciation Fund appeal. As usual, generous contributions have been received. Funds will be distributed at the Staff Appreciation event planned for Friday, December 4, at 2:30 pm in Kendal Hall.

Gifts that are credited to the General Fund were given for many wonderful things: funds for a special Christmas decoration; gifts of trees, mulch, and the labor to install them; a reading machine for the Borden Center; an armchair for the Borden Center; a painting by South Carolina artist Sudy Dressler; and framed prints for Sunnyside House. New resident Dick Corrington donated many lovely items of furniture and artwork for Sunnyside House and the Anderson Center common areas.

Funds were also received for the Dementia Care Development Fund, a challenge gift set up by a very generous donation from resident Jack Geikler, to help Kendal at Lexington provide leading-edge care for those with cognitive issues.

Just a reminder that special "challenge" funds have been established in the past year:

- ☆ Dementia Care Development Fund
- ☆ Sunnyside House Maintenance Fund

A new account for donations for the Borden Center has been set up, called the Borden Center Fund.

Please keep these special efforts in mind as you plan your year-end giving!

-- Becky Edmondson  
Executive Assistant

---

## **Residents Approve Council Members for 2016**

Karen Russell will take office in January as Residents Council president, accompanied by Don Holmes, vice president; Marje Sherrill, secretary; Jack Geikler, treasurer; and Ned Henne- man, Ruth Tafel, and Margy Werling, members-at-large.

The slate was presented by the Nominating Committee and approved at the Residents Association meeting of November 18. Nominating Committee members for 2015 are Dianne Herrick (chair), Patti Hammond, Sally Holland, Trix Rumford, and John Tucker.

Outgoing Council president, Winifred Hart, who has served for two years, was thanked with a standing ovation at the meeting. Other departing 2015 Council members are Gordon Baker, vice president; Nanalou Sauder, secretary; Wil Stratton, treasurer; Tom Strickland, member-at-large.

## Standing Committees (from p. 1)

**Facilities and Workshop.** Deals with suggestions and concerns about the Kendal physical plant and campus, other than issues related to an individual apartment or cottage. [Helen Staley]

**Food and Dining Services.** Meets with the Dining Services staff and functions as a liaison between residents and staff. [Ruth Woodcock]

**Furnishings and Interiors.** Concerned with the furnishings and decorations of the indoor common areas, including the acceptance and placement of donated item. [Louise Hasselmann]

**Horticulture and Landscaping.** Concerned with the overall appearance of the Kendal grounds and with landscaping plans and procedures, especially as these affect residents. [Renate Chapman]

**Library.** Oversees the Kendal library system. Arranges for the acceptance of donated materials; arranges for a memorial book to be placed in the library upon the death of a resident. [Mary Stratton]

**Newsletter.** Writes, edits, and proofreads the monthly newsletter you are now reading. [Jo McMurtry]

**Religious Activities.** Makes arrangements for the ecumenical Vespers service in Kendal Hall on Sunday afternoons. [Shay Peters]

**Welcome and Orientation.** Welcomes new residents, provides general information. [Gisela Telnaes]

**Wellness and Fitness.** Promotes the health and well-being of residents. Facilitates the flow of information on wellness topics. [Shay Peters]

Residents may join any of the standing committees at any time. The sign-up sheet is a convenience for all of us, however, since it enables Residents Council to compile an overview of committee membership, available for reference throughout the year.

-- Jo McMurtry

---

## Library Tidbits

Changes are coming in the Memorial Book section. The most recent Memorials will be kept on the Memorial Book shelf; however, those from further in the past will now be shelved with other books of the same genre. The Memorial shelf itself is moving back to its original location, next to the sign-out desk. All Memorials will still be noted as such, with the large red "M" on the spine and the dedication plate in the front of the book. The biography section has been expanded.

-- Sara Giddings

### Newsletter Statement and Staff

*Kendal at Lexington* is written by and for the residents of the Kendal retirement community of Lexington, Va.

Staff: Sally Emory, Sarah Giddings, Maury Hanson, Jo McMurtry (editor), Elbie Raisbeck, Trix Rumford, Nanalou Sauder, Margaret Sayre, Victoria Shelar, Marje Sherrill, Louise Tardy, Rudie Terhune, Clara Belle Weatherman.

The deadline for the January, 2016 issue is Friday, Dec. 18, 5 pm.

## Spotlight on Wellness: Seated Strength and Stretch

"Seated Strength and Stretch" is the class that Jason Bunn, Fitness Program Manager, and Catie King, Wellness Program Manager, would like to emphasize this month.

This thirty-minute class meets on Tuesdays and Thursdays at 1:15 and is "pretty much the same thing that we offer in the Webster Center," Jason says, except that it is held in the Group Fitness Room (aka "classroom," the one with the mirrors), which will hold more people. It is intended for Independent Living residents, though anyone may come.

"Seated Strength and Stretch" is a full-body workout, appropriate for any fitness level. Participants may use dumb-bells, flexible bands, and other fitness accessories. Music is part of the class, "just to raise the energy level," but the exercises are not choreographed. Sturdy chairs are provided, or participants can stay in their wheelchairs or scooters. Anyone who needs help getting to the Fitness Center should contact Jason at 458-0103, and transportation will be arranged.

"Seated Strength and Stretch" is one of fifteen different classes taught at the Fitness Center and elsewhere on campus. We can exercise while seated, standing, lying on mats, or splashing in our fifty-foot heated pool. Most classes are taught by Kendal's fitness/wellness staff, but some are taught by members of the Lexington community. All are open to residents free of charge. Monthly printed schedules of classes are distributed to residents and are posted in the Fitness Center.

Senior fitness testing is offered periodically, and there will be another round starting in early December. Watch for postings of sign-up times.



## Occupancy Continues To Head North

-- figuratively speaking, of course; the percentage keeps going up. Jessica Buhler, Director of Marketing, pointed out at the Residents Association meeting of November 18 that November will see the last of the scheduled move-ins for 2015, and that our Independent Living occupancy rate will then stand at 98.3 per cent.

Alex Slaydon, Marketing Associate, and Linda Moreschi, Marketing Specialist, thanked residents for their help in welcoming guests who come to look us over. (This is no hardship for us. We *want* to have lots of great neighbors.)

The "Try It, You'll Like It" program has had its name tweaked; the new batch of brochures is headlined, "Experience Kendal . . . Try Us for a Short Stay." It is the same thing, however. The "Short Stay" program does not specify how much time qualifies as "short," but one or two nights at Sunnyside House seems to be the usual sojourn. Guests get tours of Kendal cottages and apartments, opportunities to meet residents and take part in activities, meals in the dining room and/or restaurant, and lots of encouragement to explore Lexington and our rural setting -- so beautiful, so historic, so traffic-free. Prospective guests need to contact the Marketing Department to make their arrangements. Don't just turn up; Sunnyside might be full.

The "Short Stay" brochure, incidentally, includes pictures of actual Kendal residents enjoying our actual lives -- no stock photos of professional models.

-- Jo McMurtry

## From a Legal

### Perspective . . . . .

[Resident Ned Henneman, Associate Professor of Law Emeritus at W&L, continues his column on legal topics of interest to Kendalites.]

As the holidays and the end of the year approach, many tend to think of making gifts. Some are motivated by generosity and affection and some, perhaps, by generosity and the hope of a tax deduction. In either case, it seems worthwhile to review some of the issues that may arise when such gifts are contemplated. I will be talking about *inter vivos* gifts, not gifts made by will or otherwise meant to take effect at death. And I will be concerned primarily with outright gifts, not gifts made in trust.

In previous columns I have discussed gifts made to assist with tuition payments, gifts made to minors, and gifts made through multi-party bank accounts or other transfer-on-death devices. The simpler forms of gifts made directly to individuals, family members or friends for example, raise fewer but often significant issues that should be considered. There may be questions of fair treatment of family members in the same generation. Do they have different levels of need or ability to handle property? Are there good reasons to treat them alike or differently?

If I give cash or income-producing property to my children, perhaps I may save myself income tax by divesting myself of the income to be earned by the donated property, but I may thereby increase the donees' future income and perhaps their income tax brackets. Is that desirable? Some thought should be given to the type of property given. \$10,000 in cash may be worth more or less to the donee than securities which have a similar value but will result in capital gains or losses when subsequently sold.

If I give away tangible property rather than cash or securities, there are additional issues. An important one is valuation. Should I or my donee pay for an appraisal? Who should bear the costs of transportation from my home to that of my donee, if such cost is necessary or significant? Does the donee really want the gift? Does my daughter really value the portrait of my grandfather as much as I think she should?

Most important of the issues raised by gifts of tangible property is the question of whether I have, in fact, made a completed gift. This may matter when I die if there are those who are then interested in what is in my estate. These may be creditors, tax authorities, or family members, all of whom may want to claim that something I thought I had given away still actually belonged to me when I died, and therefore is subject to their claims.

To make a completed gift I must relinquish control of the property, completely transfer my ownership rights. The surest way of doing this is by delivering the property to the donee, but some items may not, typically due to size, be easily susceptible to transfer. A written deed of gift is always a good idea. Suppose I tell my son that the antique desk I use is his, but that I want to keep it in my home for a while. Or that I give my nephew my collection of eighteenth-century coins that I keep in a safe deposit box to which we both have a key. In such cases, a written manifestation of the intent to make a present gift of the right to that property, either now or at a designated future time, is probably essential. My conduct with regard to those assets should also do nothing to contradict my intent to have made a completed gift.

Gifts to charity raise similar issues, but also raise issues related to available tax deductions that are not present in gifts to individuals. These are topics for a different month.

-- Ned Henneman





## Memorial Book Review

[The Library Committee has chosen *Hold Still: A Memoir with Photographs*, by Sally Munger Mann (Little, Brown & Co., 2015) as a memorial for Joan Guthrie, who was deeply interested in art and was one of the founders of Kendal's resident art gallery. Our reviewer is Nanalou Sauder.]

Note the frontispiece. It depicts the Munger family laughing and is one of this reviewer's all-time favorite photographs. It was taken by Bob Munger with a delayed shutter and hung in his office suite, where I saw it often.

Sally Munger Mann is not only a world-renowned photographer, she is an excellent writer. In *Hold Still* she uses that talent to tell the story of her complicated family in a riveting way. I couldn't put the book down until I finished it. The prose is well crafted and the vocabulary is varied and well suited to the subjects at hand. The stories here are of people and place -- of Sally's family, her love of this spot where we live, and her vision. I expect her growing up at Boxerwood, then as now a work in progress, had much to do with that vision.

So many of my old friends are here: Gee-Gee, Bob, Betts, Sally, Larry, Emmett, Jesse, and Virginia. Read the book and get to know the people in this unconventional and very interesting family.

Part One, "Family Ties: The Importance of Place," explains both the people and the place in Sally's story. Here one finds the basis of her vision and her art, as well as the important people in her life. Here, also, is the story of Sally's husband, Larry, and of their life together.

Part Two is the story of Betty Munger, Sally's mother, who was a very civic-minded person.

She was involved with the League of Women Voters and with the establishment of the Rockbridge Regional Library, among other things. Sally's discovery of much information about Betty's early life meant that she and her readers gain new insights into the kind of person Betty was, as well as their complicated mother/daughter relationship.

To my mind, Part Three, "Gee-Gee and the Matter of Race," is the best part of the book. Gee-Gee, who worked for the Mungers for almost fifty years, was a very important part of the family -- perhaps most of all to Sally, who describes her devotion to Gee-Gee in a heartfelt way. Sally also addresses the delicate matter of race, as it was in this place in the mid-twentieth century, in a direct and perceptive fashion. Interestingly enough, a person of color, Gee-Gee, was her teacher in these matters, bringing to Sally an understanding of what it meant to be African-American in the fifties and sixties in Lexington and its environs.

Part Four is about Bob Munger, MD. This most unusual man, who was physician and friend of the Sauder family for many years, had many, many interests and talents, not the least of which was the very deft practice of medicine. That was a second choice career for him, since he had always hankered to be an artist. As it turned out, while he was an excellent physician, he also became an unconventional artist who sculpted unusual works and planned and planted Boxerwood -- a place that is surely a living work of art. It is clear that Bob Munger encouraged Sally as she eventually found her *métier* in photography. He also encouraged other artists. He gave Lee Sauder, son of this reviewer, his first commission for a metal sculpture many years ago. Sally's love for her father and his for her are evident in much of the book, and particularly in this last and longest section.

(cont. on p. 10)

## Memorial Book Review (from p. 9)

Larry Mann is the other important man in Sally's life. Her memoir is threaded with her devotion, appreciation, and love for Larry -- a very wise person to whom this writer is also very grateful, since Larry is the person who took on Lee Sauder as an apprentice blacksmith when Lee was in the seventh grade and has always encouraged him, as has Sally.

I highly recommend *Hold Still* as a very good read about very, very interesting and talented people.

-- Nanalou Sauder

---

## Kendal's Population: Q & A

[Editor's note: this article appeared in the January, 2014 issue of this newsletter, and there have been several requests for a reprint. The information has been updated where necessary.]

People are curious about Kendal, and these are some of the questions we Kendalites are asked as we wander about the world. Could you use a brush-up on the answers?

**How many people live at Kendal?** The exact total may vary from day to day, but a ball park figure would be around 240. (See below for a more detailed tally.) Residents live in cottages or apartments (Independent Living), in the Webster Center (assisted living) and in the Benjamin Borden Center (skilled nursing care). Some are contract residents and some are per diem residents.

**What is the difference between a contract resident and a per diem resident?** Contract residents pay an entry fee, based on the size of their cottage or apartment in the Independent Living sector, plus a monthly fee. Most contract residents have lifecare agreements, while others have modified agreements. Modified

agreements often pair well with a resident's long-term-care insurance policy. Non-contract per diem residents in Webster (assisted living) are all private pay. Non-contract Borden residents' fees may be paid by Medicare, private insurance, Medicaid, or private pay.

**Both Webster and Borden take care of residents that need help. How is Webster different from Borden?** The Webster Center (assisted living), with twenty studio apartments, is located in the main building and has its own entrance, accessible from Springlot Drive, as well as an interior entrance adjacent to the Anderson lobby. Contract residents have priority in the assignment of these apartments. They may move permanently from their Independent Living residences to Webster, or they may come to Webster for a short stay and then return to their usual cottage or apartment. Depending on the availability of Webster apartments, a limited number of outside admissions for non-contract per diem residents can be accommodated.

**And what about Borden?** The Benjamin Borden Center is a 60-bed skilled nursing care facility serving the Rockbridge area, not just Kendal residents. It has a separate main entrance, not far from the entrance to the Anderson Center lobby and on the same circular drive, and is also connected to the main building by an interior corridor. Some Borden residents have come for a short stay -- after surgery, for example. (Borden offers rehabilitation therapy both on an in-patient and an out-patient basis.) Other Borden residents are long-term. The majority of Borden residents are per diem. As of late November, seven former Independent Living and/or Webster residents are living permanently in Borden. However, contract residents often spend a few days or weeks in Borden before returning to their cottages or apartments.

**How many Independent Living cottages are there?** Kendal has 65 cottages. Thirty-five of

(cont. on p. 11)

## **Kendal's Population** (from p. 10)

these, completed in 2008, are located on Sycamore Lane and range in size from 1300 to 2000 square feet, plus basements in some cases; each has an attached garage. Twenty-nine cluster cottages were completed between 2000 and 2005. These are 795 to 1600 square feet in size and are located nearer the main building than the Sycamore Lane cottages. Another cottage, dating from the nineteenth century and thought to have been the summer kitchen of Sunnyside House (the property's original farmhouse, now restored), can only be categorized as unique.

**And how many Independent Living apartments?** There are 55 apartments, all in the main building, ranging in size from 550 square feet (studio) to 1725 square feet (two bedrooms with den). All but one have a patio or balcony, many of which are screened or enclosed.

### **How many residents currently occupy Independent Living cottages or apartments?**

As of late November, 168. Roughly a third of these are in two-person households; the rest are singles.

**What residences are available right now?** As we go to press, Kendal has two apartments, both one-bedroom, that are neither occupied nor reserved.

**How many households are on Kendal's wait list?** As of late November, 148 households (double or single) are on the wait list. Sixteen of these have joined since this past May. The majority of wait list members live in or near Lexington, but others live in New England, New York, Ohio, Texas . . .

**Does being on the wait list guarantee a place at Kendal just at the time you're ready to move?** No. Kendal is experiencing a high demand, so it's important to plan ahead. If you

need to make a quick move, you may have to settle for something smaller, or there may be no availability at all. Stay in touch with the Marketing Department with regard to your timeline.

**When signing onto the wait list, how specific do you need to be about the type of residence you want?** There's a lot of leeway. For instance, you could ask to be notified when either a two-bedroom or a one-bedroom-with-den unit becomes available. You need not specify "cottage" or "apartment" if you would consider either. And you can make a change in your preference at any time by contacting the Marketing Department.

**When a residence becomes available, is everybody on the wait list notified?** No. The wait list is divided into *active* and *non-active* components. You won't be bothered if you don't want to be. However, the Marketing Department encourages people to communicate if they have changes in their lives, preferences, or timing.

**What is the order in which active wait list members are notified of an available residence?** Active wait list members are notified according to the order in which they first made a wait list deposit, whether active or inactive at that time.

-- Jo McMurtry

---

Vespers at Kendal -- The following area clergypersons will officiate at Vespers services, Sundays at 4 pm in Kendal Hall. Dec. 6, the Rev. Deb Klein; Dec. 13, the Rev. Steve Cathcart; Dec. 20, A Service of Lessons and Carols, with audience participation, no Communion; Dec. 27, the Rev. Paul Carter. All are welcome to attend, and the volunteer officiants are much appreciated.

## Weekly Scheduled Activities

Sundays (6, 13, 20, 27)	4:00 pm	Vespers	Kendal Hall
Mondays (7, 14, 21, 28)	1:30 pm	Needleworkers	North Parlor
	7:00 pm	Movie	Kendal Hall
Tuesdays (1, 8, 15, 22, 29)	1:00 pm	Recorder Group	Kendal Hall
	5:00 pm	Wine & Conversation	Kendal Hall
Thursdays (3, 10, 17, 24, 31)	10:00 am	Bible Study with the Rev. Tom Crittenden	Staff Devel. Rm.
	3:30 pm	Tea Served	Dining Room
	7:00 pm	Movie	Kendal Hall

**Note: Regular Thursday Events May be Cancelled Dec. 24 and/or 31.  
Watch for Individual Postings.**

Fridays (4, 11, 18 )	10:30 am	Kendal Singers	Kendal Hall
Saturdays (5, 12, 19, 26)	3:00 pm	Movie	Webster

**Volunteer(s) needed** -- Bill Houff, Director of Operations, would like a volunteer or two to help with an upcoming parking sticker project. The job involves vehicle registration forms and the distribution of stickers to be displayed on residents' cars. Contact Bill at 464-2613 to volunteer and/or to learn more about this undertaking. The purpose is to make sure that Kendal residents who need to use their cars to get from place to place on campus will be able to find a parking spot when they get there.

## Out and About in December

[This column lists events and activities to which Kendal is not offering transportation, but which may be of interest to residents and their guests.]

**Dec. 10, Thu., 8 pm.** Candlelight service with lessons and carols, an annual tradition at W&L for more than eighty years. With the University Singers. Ticket not required. Open seating begins at 7 pm. Lee Chapel, W&L campus.

**Dec. 12, Sat., 10 am to 4 pm, and Dec. 13, Sun., 1 to 4 pm.** "Christmas in the Country," a

tour of homes in Brownsburg, a small but very lively community on Highway 252, north of Lexington. Four properties will be open, each having either a log residence or another type of log structure on the premises. The Brownsburg Museum will be open as well. Ticket, \$15 in advance, available at Books & Co., Ladles & Linens, Old South Antiques, and Orchardside Yarn Shop; or \$18 on the day.

**Dec. 16, Wed., 7:30 pm.** Annual four-piano concert of holiday music at the home of Linda and David Krantz, 151 Elliotts Hill Lane. Performers (pianists, other instrumentalists, vocalists) will include Jonathan Chapman Cook, Tim Gaylard, Bill McCorkle, James Pannabecker, and many others, with plenty of audience participation. Light refreshments will be available. The requested contribution is \$30 per person, with proceeds benefitting the Rockbridge Symphony. Reservations are required; ldkrantz@gmail.com or 463-3333. House opens at 6:30. This unique home (with its large purpose-built music room) perches on a hilltop, so be prepared for uneven ground and bring a flashlight to find your car.

## December Activities Calendar

(See pp. 2 ff. for details. Please watch the bulletin boards for changes, additions, etc.)

* 2, Wed.	4:30 pm	Talk by Scott Beebe, Construction at W&L	Kendal Hall
3, Thu.	8:00 pm	University Jazz Ensemble	[bus, 7:20 pm]
4, Fri.	2:30 pm 6:00 pm	Staff Appreciation Party Lexington Christmas Parade	Kendal Hall [See p. 2]
5, Sat.	7:30 pm	Choral Society Holiday Concert	[bus, 6:50 pm]
6, Sun.	2:00 to 5:00 pm	Greenery Workshop at Boxerwood	[Transport TBA]
7, Mon.	8:00 am	Men's Breakfast	Dining Room
8, Tue.	1:00 pm 7:00 pm	Residents Council Holiday Pops Concert, W&L	North Parlor [bus, 6:20 pm]
9, Wed.	10:00 am 3:00 pm	Photography Group Santa visits "Kendal Kids"	Staff Development Room Borden
10, Thu.	2:00 pm 6:00 pm	Dementia Caregivers Support Group Marketing Dept., Holiday Party	Sunnyside Kendal Hall
11, Fri.	7:00 pm	"W&L Dancers Create"	[bus, 6:20 pm]
* 12, Sat.	11:00 am	String students of Julia Goudimova	Kendal Hall
15, Tue	3:00 pm	Harp music by Becky Edmondson	Borden
16, Wed.	9:30 am Evening	Presentation by Felicia Bush, Kendal's budget Holiday lights bus tour	Kendal Hall [See posting for departure time]

### There will be no Residents Association Meeting in December

* 18, Fri.	7:00 pm	Kendal Singers Holiday Program	Kendal Hall
25, Fri.	Seatings TBA	Traditional Christmas Buffet	Dining Room
31, Thu.	7:30 pm	New Year's Eve Party	Kendal Hall

\* Free and open to the public.