

# Kendal at Lexington

Vol. 14, No. 12

Kendal at Lexington

December 2014

## It's Sign-Up Time For Standing Committees

Kendalites are great formers of groups. We band together to enjoy hobbies, to play games, to further projects that are dear to our hearts. Much of the heavy lifting, though, is done by the standing committees of the Residents Association. These committees deal with matters that affect our daily lives and give us the chance to help make Kendal the kind of home we like it to be -- warm, welcoming, up close and personal.

A list of the standing committees and their current membership is distributed early each year by Residents Council, the executive arm of the Residents Association. (For more on the Residents Association, see the Resident Handbook.) This list is a great convenience when one wants to know who does what. To keep it up to date, even though any resident may join any committee at any time, a sign-up sheet is distributed in December. The names on the list do not carry over automatically, so if you plan to stick with your present committee(s), don't forget to get registered.

Each of the following brief descriptions includes the name of a resident who has



*Deck the Halls!*

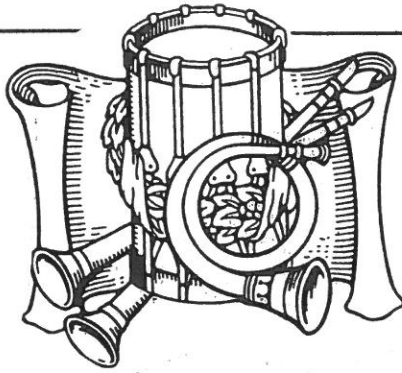
*Want to help? See pages two and eleven.*

recently been involved with that committee and who can answer questions about it, but who may not necessarily have signed up for 2015.

**Bereavement.** Assists with arrangements at the time of a death in the community; is responsible for posting information as soon as it is available; assists with services scheduled at Kendal; provides support for family members. [Caroline Bridges]

**Culture and Entertainment.** Plans, promotes, and presents cultural and entertainment programs, both on and off the Kendal campus. [Dianne Herrick]

(cont. on p. 5)



## Calendar Notes

[See also pp. 12 and 13. With some exceptions, most of them specified, the activities listed here are arranged through the residents' Culture and Entertainment Committee, chaired by Dianne Herrick. "Borden" = Benjamin Borden Center (skilled nursing care); "Webster" = Webster Assisted Living Center.

Some events are arranged too late for inclusion here. Please check the bulletin boards.

The charge for bus transportation to and from an event in Lexington is \$2.]

**Dec. 1, Mon., 8 am.** Men's breakfast. No reservations needed; just turn up and enjoy the good company. Dining Room.

**Dec. 2, Tue., 10 am.** Help decorate the Webster Center tree with beautiful heirloom crystal ornaments donated by Pat and Jack Geikler. Punch and cookies provided. Contact Teresa Markham, Activities Assistant, at 464-2612 if willing to help.

**Dec. 4, Thu., 2:30 pm.** Staff Appreciation Party. Don't miss this chance to personally tell our wonderful staff how much we treasure them. Arranged by Residents Council. Kendal Hall.

**Dec. 4, Thu., 8 pm.** The University Jazz Ensemble performs New Orleans Dixieland, big band swing, and contemporary works. No ticket required. Wilson Concert Hall, W&L. [bus, 7:30 pm]

**Dec. 5, Fri., 10 am.** Monthly meeting of the Essential Tremor Support Group. Open to area

residents as well as Kendalites. For information, contact Preston Boggess (a resident of Floyd County who often visits Kendal) at 540-651-6777. Sunnyside House.

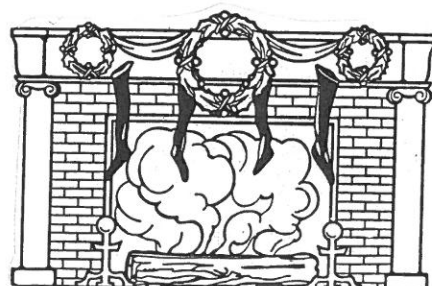
**Dec. 6, Sat., 7:30 pm.** The Rockbridge Choral Society presents its annual much-looked-forward-to holiday concert. Six Kendalites currently sing with this group, and four "Kendal kids" -- children of residents. Bill McCorkle, director; Josh Harvey, piano. Ticket \$10 in advance, available from resident Ruth Woodcock, or at the door. Lexington Presbyterian Church. [bus, 6:50 pm]

**Dec. 9, Tue., 10 am.** Knitting group with Carole Smyer, owner of Orchardside Yarn Shop in Raphine. (See also Dec. 23.) All are welcome. Webster Activity Room.

**Dec. 9, Tue., 7 pm.** Holiday Pops Concert with the University Wind Ensemble, String Ensemble, Jazz Ensemble, Men's Glee Club, and Cantatrici (women's voices). Ticket free but required; provided for passengers on the Kendal bus. Wilson Concert Hall, W&L. [bus, 6:20 pm]

**Dec. 10, Wed., 10 am.** Monthly meeting of Kendal's photography group; all are welcome. Contact resident Wil Stratton for more information at 463-3863. Staff Development Room, near the Dining Room.

**Dec. 10, Wed., 10:30 am.** Parkinson's Support Group, open to patients and caregivers in the Rockbridge area. Contact Lexington resident Christine Steen with questions (784-4519). Sunnyside House.



(cont. on p. 3)

## Calendar Notes (from p. 2)

**Dec. 10, Wed., 5:30 pm.** Holiday party, arranged by Kendal's Marketing Department. Guest list includes prospective residents, residents who have referred prospective residents (referrals were due Nov. 17). and other special Kendal visitors. Kendal Hall.

**Dec. 11, Thu., 11 am.** Felicia Bush, Kendal's Finance Manager, and Mina Tepper, Executive Director, will present the Kalex budget for 2015. (Resident input was sought during the preparation of this budget; Residents Council consolidated the suggestions.) Copies of the presentation will be available at the front desk by Tuesday afternoon, Dec. 9. Kendal Hall.

**Dec. 11, Thu., 2 pm.** Dementia Caregivers Support Group. Open to all Rockbridge area residents. Contact Cathy Lewis, Kendal's Clinic RN, at 464-2609 with questions. Sunnyside House.

**Dec. 11, Thu., 4:30 pm.** Meeting of the Sunnyside Weavers, open to area residents as well as to Kendalites. Contact resident Ruth Tafel (484-883-1043) for more information. Sunnyside House.

**Dec. 11, Thu., 4:30 pm.** Presentation on the Rockbridge Area Health Clinic. (See story, p. 5.) Kendal Hall.

**Dec. 11, Thu., 7:30 pm.** "10 Minute Plays," an evening of student-directed plays. Ticket free but required; provided for passengers on the Kendal bus. Johnson Theatre, Lenfest Hall, W&L. [bus, 6:50 pm]

**Dec. 12, Fri., 3:30 pm.** Harp music by Becky Edmondson, Administrative Assistant. All are welcome. Webster Activity Room.

**Dec. 15, Mon., time TBA.** Evening bus tour to see the Christmas lights in the area. Webster/Borden and Independent residents are

welcome. Watch the bulletin boards for sign-up sheets and more information.

**Dec. 17, Wed., 7 pm.** Christmas program with the Kendal Singers, the Chimes Choir, the Recorder Consort, and others. Kendal Hall.

**Dec. 20, Sat., 8 am.** Help pack food and toys for the Christmas Basket Program, a long-time area tradition. Resident Dick Minnix can tell you all about this program and can arrange transportation to the packing venue, the Anderson Coliseum at the Virginia Horse Center. Dress warmly and join a crowd of young students and generous neighbors. Contact Dick at 463-5256.

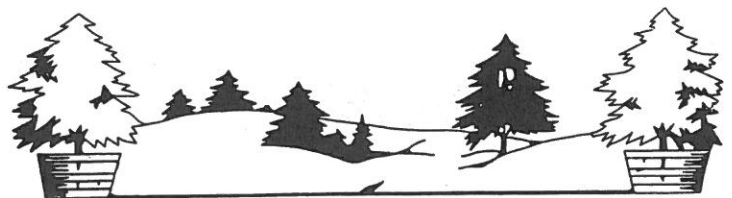
**Dec. 20, Sat., 10 am.** Recital by string and piano students of Julia Goudimova, cellist and member of the W&L Music Department. Kendal Hall.

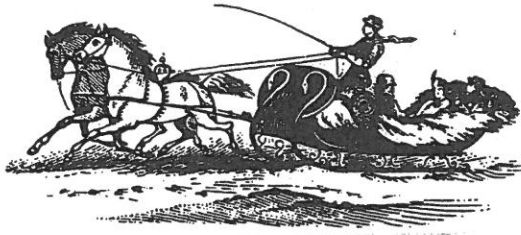
**Dec. 23, Tue., 10 am.** Knitting group; see above, Dec. 9. Webster Activity Room.

**Dec. 23, Tue., 4:30 pm.** Christmas music by the Recorder Consort, with some sing-along. Kendal Hall..

**Dec. 25, Thu., Times TBA.** Two seatings for Kendal's traditional Christmas buffet. Reservation request forms will be distributed. Arrange your table (guests and/or fellow Kendalites) and make your reservation early to get the seating you prefer. Dining room.

**31, Wed., 7:30 to 9:30 pm.** New Year's Eve party. Champagne provided; residents are asked to bring goodies to nibble. Kendal Hall.





## Out and About in December

[This column lists events and activities to which Kendal is not offering transportation, but which may be of interest to residents and their guests.]

**Dec. 5, Fri., 6 pm to 7:30 pm.** Lexington's traditional Christmas parade, Main Street downtown.

**Dec. 7, 14, 21, Sundays, 11:30 am to 3 pm.** "Sundays with Santa" at the Natural Bridge Hotel, thirteen miles south of Lexington. Includes Sunday lunch buffet (\$15.95) and a complimentary photo with Santa; take your own photos as well. As a separate excursion (\$15), carriage rides are provided by the Lexington Carriage Co. Telephone 1-800-533-1410.

**Dec. 7, Sun., 4 pm to 7 pm.** "Christmas on Main Street." The Lexington - Buena Vista - Rockbridge Board of Realtors sponsors a tour of six historic homes along Lexington's Main Street. Begin tour and buy tickets (\$20, or \$30 for two people) at 221 S. Main St., office of Atlantic Bay Mortgage Group. Proceeds benefit the Rockbridge Area Relief Association (RARA) Food Pantry.

**Dec. 13, Sat., 10 am.** Cooking class at historic Wade's Mill in Raphine, Rockbridge County north of Lexington. "Christmas in the South," with oyster stew, ham, etc. Cost of class, \$30, including luncheon; or, for \$17.50, just come for the luncheon, served at 12:30 pm. Call 540-348-1400 for reservations and directions.

**Dec. 13, Sat., 12 pm.** Wagner's "Die Meistersinger von Nurnberg," Metropolitan Opera production transmitted in high definition to the State Theater, downtown Lexington. Box office 540-464-1181.

**Dec. 14, Sun., 4 pm.** The Buena Vista Baptist Church, joined by a community of singers and musicians, presents its Christmas Cantata, "Heaven's Child." Directed by Kelly Harris (currently acting choir director), with guest artists Julia Goudimova (cello) and Mark Taylor (violin). 2173 Chestnut Ave. For more information, call Kelly Harris at 540-461-0247.

**Dec. 19, Fri., 7:30 pm.** Four-piano holiday sing-along at the home of Linda and David Krantz, 151 Elliot's Hill Lane. Performers this year will include Tim Gaylard, Bill McCorkle, Betty Bond Nichols, James Pannabecker, Jonathan Chapman Cook, and others; also a trombone choir. Proceeds benefit the Rockbridge Symphony; minimum donation \$30, to be collected at event. Reservations required; call 540-463-3333. Doors open at 6:30 pm.

---

## Occupancy at 91.67%

"I want to thank Kendal residents for the warm welcome they've given me," says Jessica Buhler, Kendal's Marketing Director since early September. "I feel very much at home." (See the September issue of this newsletter for more about Jessica.)

Currently, ten Independent Living residences (nine apartments, one cottage) are open, and two of these have been reserved. Floor plans and photos can be seen on the Kendal web site ([kalex.kendal.org](http://kalex.kendal.org)).



## Standing Committees (from p. 1)

**Facilities/Woodshop.** Deals with suggestions and concerns about the Kendal physical plant and campus. [Rae Carpenter]

**Food and Dining Services.** Meets with the Dining Services staff and serves as a liaison between residents and staff. [Ruth Woodcock]

**Furnishings and Interiors.** Is concerned with the furnishings and decorations of the indoor common areas. [Sally Holland]

**Horticulture and Landscaping.** Is concerned with the overall appearance of the Kendal grounds. [Renate Chapman]

**Library.** Oversees the Kendal library system. Arranges for the acceptance of donated materials; arranges for a memorial book to be placed in the library upon the death of a resident. [Sarah Giddings]

**Newsletter.** Writes, edits, and proofreads the monthly newsletter that you are now reading. [Jo McMurtry]

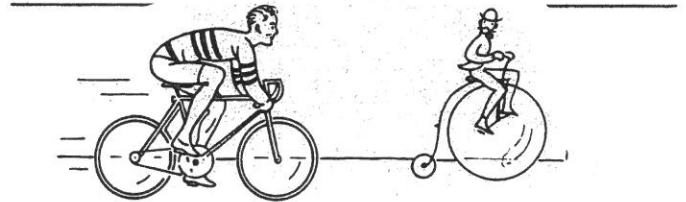
**Religious Activities.** Makes arrangements for the ecumenical Vespers service in Kendal Hall on Sunday afternoon. Oversees other religious activity on campus. [Shay Peters]

**Transportation.** Maintains a volunteer drivers list (for destinations not included in Kendal bus trips) in the alcove. [Gisela Telnaes]

**Welcome and Orientation.** Welcomes new residents, provides general information. [Natalie Wellman]

**Wellness and Fitness.** Facilitates the flow of information about available services, identifies unmet needs, plans health education programs. [Margy Werling]

-- Jo McMurtry



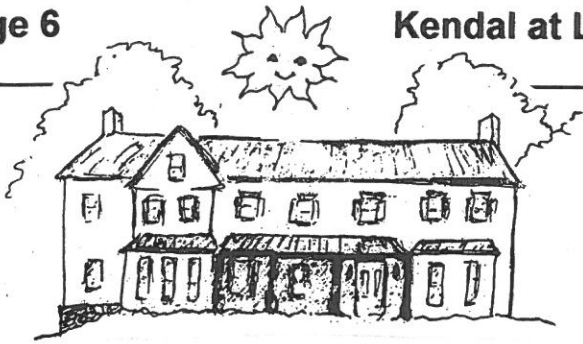
## Speaking of Wellness . . .

The Wellness Committee welcomed Jason Bunn, our new Health and Fitness Program Manager, at its November meeting. He will be teaching classes and working with individuals.

On Dec. 11 at 4:30 pm, Katy Datz, Development Director of the Rockbridge Area Health Clinic, will give a presentation entitled "A Revised Resource: The Rockbridge Area Health Clinic." She will cover how this clinic serves the community and how Kendal residents may access it. Although the clinic has been here for years (as the Rockbridge Area Free Clinic), last year it received a grant and a designation as a federally qualified facility. The clinic is a resource for us all.

As the year end draws near, the Wellness Committee wishes all of you the best of holidays and hopes that the new year brings you good health. The new year is a good time for each of us to focus on increasing our activities to keep us well, strong, and fit.

-- Margy Werling  
Chair, Wellness Committee



## Sunnyside House Needs Help

On a warm October day in 2006, a large crowd of residents, staff, board members, and community leaders gathered together on the lawn outside of Sunnyside House to celebrate the completed renovation of that historic old structure. All of us were grateful for the unusually generous contribution that Fred Bartenstein had made, over a period of years, to ensure its handsome restoration. We also remembered that, as the Kendal community, we had helped make the House come alive, by furnishing it in its entirety with cherished family pieces and antiques, sofas, beds, the grandfather clock, the handsome table and chairs in the dining room, occasional tables, beautifully crafted quilts, needle-work, lamps, and paintings. Then -- and now -- residents feel that the House is uniquely "ours" and truly unique to Kendal at Lexington.

During the past decade, we have found ourselves using Sunnyside House for a wide variety of purposes, as guest rooms for our families and friends, as meeting rooms, as quarters for "try-it-you'll-like-it" prospective residents, and as venues for special occasions such as weddings, anniversaries, and family get-togethers. Collectively, we have reveled in the beauty and convenience of our unique Kendal guest house, our "crown jewel."

But the decade of heavy use has caused our special "gem" to show signs of tarnishing. A quick run-through of the building and

grounds by staff and a few residents this past summer revealed numerous places that need work, from replacing mattresses and linens to repair of broken furniture, from re-painting shutters and window sills to costly roof repairs. No one wants Sunnyside House to become shabby, but where will the funds come from to maintain the place with the high "polish" it had achieved when it opened officially nearly a decade ago?

Some repairs **HAVE** to be made soon, such as the roof work. But others will need to be prioritized and taken in increments. Some items can be fixed by our already overworked staff, but others, such as the roof repairs and outside painting, will require scaffolding and outside assistance. Consulting with Bill Houff (Director of Operations), Herbie Martin (Maintenance Supervisor), other staff members, and the unofficial Sunnyside House Hospitality Committee, Executive Director Mina Tepper has scheduled essential work to be done quickly; lesser problems will be fixed as funds can be found.

Payment for use of the building by both residents and outside groups has never equalled costs (such as wear and tear through constant use, labor to put up and take down tables and chairs for special occasions, routine cleaning, utilities, etc.), and no one expects that to be the case. But it is increasingly obvious that we will have to ask outside organizations to pay a larger fee to use the building. A small increment in guest room rentals has recently been announced. Recognizing that these changes still do not add up to all that is needed, board members and Mina are looking to see if there are groups or individuals with a special interest

(cont. on p. 7)

## Sunnyside House

(from p. 6)

in historic buildings who might assist in establishing a "start-up" endowment, income from which can go toward regular House maintenance.

Residents themselves are able to offer monetary assistance, if they feel so inclined. Since Sunnyside revenue and expenses are tracked in the regular Kendal budget, an individual who wishes to make a special contribution to the House may designate that gift directly to Sunnyside House.

There are many tangible ways to help. Perhaps a resident would like to remember a family member by purchasing the plants for the front porch during the summer months. (These are regularly tended and watered by the Sunnyside Hospitality Committee.) Perhaps because of an especially meaningful dinner party at Sunnyside, a resident would like to repair one of the dining room chairs which is badly broken. Perhaps music lovers would like to contribute toward the final upgrade of the late Goody Tolles' handsome Steinway piano to bring it to concert quality. Or maybe an outside organization wants to say an extra thank you for use of the building by adding to the Sunnyside House fund.

Contributions are tax deductible. Anyone wanting more information should get in touch with Felicia Bush, Kendal's Finance Manager, or a member of the Sunnyside Hospitality Committee (Caroline Bridges, Mary Coulling, Margy Werling). Surely, all of us -- board members, residents, and staff -- care too much about Sunnyside to allow it to deteriorate.

-- Mary Coulling

## Bits and Pieces . . .

\* Victoria Shelar, under whose care the Resident Art Gallery continues to flourish, sends along the following changeover dates for the 2015 shows: March 6, July 10, and Nov. 6. All are Fridays. Notices will be sent round as the dates approach, but artists and crafters may wish to mark their calendars.

\* The Furnishings and Interiors Committee would like to thank Audrey Salb for her gift of a piano shawl for Kendal Hall's grand piano. "Audrey continues to enhance our public spaces, and we are very grateful to her," says Sally Holland, chair.

\* The Restaurant Gallery, which shows the work of professional artists and is coordinated by Nancy Epley and Sally Holland, will display the work of Rockbridge County painter Virginia Lloyd-Davis through January. This artist's ebullient Chinese brush paintings have hung in many exhibitions, and she excels in painting before an audience -- ink on paper, no pre-sketching, no erasing. For a sample, Google her Youtube demonstrations -- some with piano improvisation by local musician Josh Harvey.

\* Sandra Stuart, a member of the Sustainability Committee, gave a presentation at the Nov. 19 Residents Association meeting on Kendal's upcoming rain barrel project. More on this project will appear in the January newsletter. In the meantime, Sandra and Renate Chapman, chair of the Horticultural Committee, will distribute sign-up forms and contact information to resident mailboxes.

## Southern Exposure, Part I

What is it like? says Jo [McMurtry, your ever-curious newsletter editor]. What is it like to come here, where so many people have connections to the South and to Virginia and to Lexington, and where -- for me -- there was not one familiar face and everything, *everything* was new?

The Arizona desert was my home for more than fifty years. Friends there thought I had lost my mind. Why leave our towering purple mountains, why leave laughter and mariachi music on a starry night and a merciless, baking summer sun that tells me, "You're a desert rat, amigo"; why leave frisky lizards in my garden and coyotes howling at the moon? Why leave much-loved grandchildren?

Leap, say followers of Zen. Leap, and the net will appear -- as indeed it did. It appeared in the warm welcome I felt from the day I arrived; it appears now in traces of Southern culture and history wherever I go, as I walk the same streets as Stonewall Jackson or Robert E. Lee, or hear on the lips of even quite small children, "yes, ma'am!" and "yes, sir!" The net appears when I hear family stories of the South going back generations and when I keep finding books upon books I'll never live long enough to read. I think: what if I had not come here and found these people and this place? My life would have been the poorer for it.

I stroll downtown and pass a group of teenage girls -- a melange of ponytails, pretty faces, shorts, and T-shirts -- all intent on stopping motorists at the intersection. They are shouting, singing, laughing, totally focused on their fundraiser but not so much

that one doesn't quickly step aside to let me pass. "Have a nice day, ma'am!" Again, *Ma'am* and *Sir* from the smallest tyke on up: I begin to think there's a lot to like about being here.

Two years later I am finally brave enough to navigate alone the winding roads of Rockbridge County and beyond. I have welcomed curious friends and family who come to Lexington wondering whatever possessed me to roam so far from home, and who later leave, wondering how they can find a way to come here themselves. It's true. Grandchildren in Tucson are plotting a future that might bring them to Virginia to live.

I say to Jo, what good luck for me to be in this place with these people. I must have done something right for this to happen.

-- Marje Sherrill

[Part II of this article will appear next month.]

---

## Newsletter Statement and Staff

*Kendal at Lexington* is written by and for the residents of the Kendal retirement community at Lexington, Virginia,

Staff: Margaret Craighill, Sally Emory, Sarah Giddings, Maury Hanson, Dianne Herrick, Jo McMurtry (editor), Elbie Raisbeck, Trix Rumford, Nanalou Sauder, Victoria Shelar, Marjorie Sherrill, Louise Tardy, Rudie Terhune, Clara Belle Weatherman.

---

*A Message from Farris Hotchkiss and the Board of Director's Philanthropy Committee:*

*Please Remember Kendal at Lexington as You Consider Your End-of-Year Giving!*



## Progress Notes from Mina Tepper

### All Site Emergency Generator

Kendal at Lexington is making progress in the process of acquiring an all site emergency generator. Kendal has contracted with Spectrum Design, a Roanoke firm with extensive experience in working with Continuing Care Retirement Communities, to oversee the project. Spectrum Design is responsible for the design development, preparation of the construction documents, the bidding and negotiation process, and the administration of the actual construction. Additionally, Spectrum will coordinate all necessary interfaces with a local civil engineer, with Virginia Dominion Power, and with all involved governmental and regulatory entities.

The specifications for the generator have been completed and a preferred location has been identified. When entering Kendal from Enfield Road along Kendal Drive, one would find the selected site for the generator to the left, adjacent to the electrical equipment currently in place. The location is below the level of the road, which will minimize its presence. The site is located within Lexington city limits and does not interfere with any utility or water lines. Representatives from Spectrum Design and Russ Orrison, a local civil engineer, have had preliminary discussions with the City Manager.

So what happens next? A formal proposal will be made to the City of Lexington to get approval for the project. To prepare for this presentation, Spectrum Design will have to complete the following tasks:

- \* Develop design specifications for the concrete pad on which the generator will be located.
- \* Design the access roadway to be used by the fuel truck for refilling the generator's fuel tank.
- \* Develop a grading plan designed to re-route rainwater away from the generator pad and the neighbors' properties.
- \* Develop a landscaping plan to camouflage the generator without interfering with the neighbors' views.
- \* Evaluate the noise levels associated with the monthly testing and periodic running of the generator and develop a plan to maintain noise levels at a reasonable level.

As members of this community, we will want to meet with neighboring families to share the details of this project. We will focus on the reasons for undertaking this project and will be certain to share the actions being taken to minimize any perceived negative effects, such as noise, water runoff, and unsightliness. This would also be an opportunity to let neighbors know that Kendal would welcome neighbors to seek relief in times of extended power outages.

– Mina Tepper  
Executive Director

[Coming next month: Mina's notes on our Master Planning Process and the early stages of Kendal's future expansion. Spectrum Design, here described in connection with the generator that will carry us through future power outages, is also the architectural firm selected for the Master Planning Process.]



## Library Tidbits with Sarah Giddings

A reminder for those of us with vision problems. The Large Print book section is located in the same area of the Library as the Low Vision Reader. Both of these enlarge the type for easier reading. In addition, we have a small collection of Talking Books, along with a reader, which may be borrowed long enough for you to determine if you wish to sign up for your own account with Talking Books. (We have the paperwork for that, also.)

---

## Reviews of Memorial Books

For Betty Glore: *Architecture of the Old South, Colonial and Federal*, by Mills Lane (Beehive Press, 1996). This lovely volume begins with such familiar examples as Bacon's Castle in Surry County, Virginia, built about 1665, and travels extensively throughout the South, highlighting many of the finest examples of early American architecture, ending with the St. Louis Cathedral in New Orleans of 1849. A book for browsing or reading in depth, *Architecture of the Old South* is a lovely addition to our library and particularly to the Memorial Book collection. (Reviewed by Sarah Giddings.)

For Mary Lyle: *The Unknown Callas, The Greek Years*, by Nicholas Petsalis-Diomidis (Amadeus Press, 2001) is a most appropriate book for Mary Lyle's memorial as she

loved opera. There are many fine biographies of Maria Callas, one of the greatest legends and stars of twentieth century opera. This one concentrates on the nine years she spent in Greece, from age 13 to age 22, learning her trade. For serious opera fans, this amazingly detailed discussion of those years in which Callas learned her craft delves deeply into many of the influencing factors in her life, including her totally dysfunctional relationship with her mother. For detailed descriptions of her most famous roles, I recommend that you look into the fine collection of operatic biographies in the Music Section of our Library. (Reviewed by Sarah Giddings.)

For Anne Strickland: *Degas to Matisse: Impressionistic and Modern Masterworks* is the catalogue of an exhibition held at the Phillips Collection in Washington in 2000.

It showcases the collections of Duncan Phillips, whose family home became a gallery, and Robert Hudson Tannahill, a major benefactor of the Detroit Institute of Arts. Both were instrumental in bringing modern art to the public's notice from the 1920's up to the 1960's. Both organized exhibitions by European artists, such as Nolde, Matisse, Roualt, Degas, Monet, Daumier, Seurat, Bonnard, Cezanne, and Picasso, but also supported modern Americans such as Georgia O'Keeffe, Arthur Dove, Marsden Hartley, John Marin, and Charles Sheeler.

The Phillips Collection is best known for Renoir's "Luncheon of the Boating Party," and the Tannahill Collection for a self-portrait by Gauguin, but hundreds of wonderful paintings are reproduced in this volume. (Reviewed by Anne Preuss.)



## Deck the Trees

If you enjoy holiday decorating and have an hour to spare, please consider helping to trim the Kendal Christmas trees. There are two opportunities:

\* Monday, Dec. 8, 10:30 am to noon, Anderson lobby.

\* Saturday, Dec. 13, 9 to 11 am, Sunnyside parlor.

The Anderson tree features a wide variety of decorations, mostly hand made and representing a wide variety of cultures and traditions, and all donated by residents or friends of Kendal. If you wish to contribute an ornament or two, you may do so by contacting Victoria Shelar (464-1527) or by simply hanging it on the tree.

In the Sunnyside parlor, a smaller tree is set on a table, which was the practice in many mid-nineteenth century American homes. Victorian style decorations are featured and will be augmented this season by some old-fashioned wooden ornaments found by resident Margy Werling on a recent trip to Germany.

There is no need to notify anyone if you are available to help with the tree trimming. Just show up at the time(s) and place(s) noted above.

-- Trix Rumford

## Philanthropy Report

**Gifts Received between Sept. 1, 2014, and Sept. 30, 2014:**

Fellowship Fund: Seven gifts were made to the Fellowship Fund in memory of Susan Cain, Clentis Gupton, Jack Hemmings, Mary Lyle, and Audrey Todd.

General Fund: 25 gifts to the general fund included contributions in memory of Anne Strickland which have been designated to the music therapy program at the Borden Center. An in-kind gift of an electronic piano was also made in Anne's memory.

Staff Appreciation Fund: There were six gifts to this fund during September.

**Gifts Received between Oct. 1, 2014, and Oct. 31, 2014:**

Fellowship Fund: Gifts were made in memory of Betty Glore, Mary Lyle, and Jane Stubbs. There was one large anonymous gift made by a resident whose motivation is to reassure her neighbors that the Fellowship Fund will be there if it is needed. It is a most unselfish and generous gift!

General Fund: Seven gifts included gifts in memory of Anne Strickland for the music therapy program at the Borden Center, a donation to the Barbara Brown Staff Education Fund, and in-kind gifts of a DVD player and a large number of books for the library.

Staff Appreciation Fund: Two gifts were made to the fund.

-- Becky Edmondson  
Executive Assistant

## Weekly Scheduled Activities

Sundays (7, 14, 21, 28)	4:00 pm	Vespers	Kendal Hall
Mondays (1, 8, 15, 22, 29)	1:30 pm	Sewing Circle	North Parlor
	7:00 pm	Movie (not Dec. 5)	Kendal Hall
Tuesdays (2, 9, 16, 23, 30)	10:30 am	Poetry Group	North Parlor
	3:30 pm	"Brain Twisters"	Webster
	5:00 pm	Wine & Conversation	Kendal Hall
Thursdays (4, 11, 18)	10:00 am	Bible Study with the Rev. Tom Crittenden	Kendal Hall
	12:45 pm	Recorder Consort	Kendal Hall
	7:00 pm	Movie	Kendal Hall
Fridays (5, 12, 19, 26)	10:30 am	Kendal Singers	Kendal Hall
Saturdays (6, 13, 20, 27 )	3:00 pm	Movie	Staff Development Room

## Fitness Classes Currently Offered

Please see bulletin boards and other postings for fitness classes offered during December. If you have questions, contact Rebecca Wilder, Health and Wellness Program Manager, or Jason Bunn, Health and Fitness Program Manager, both at 458-0103.

## Vespers Officiants For December

Kendal's Vespers services, held at 4 pm each Sunday in Kendal Hall, are arranged by the Religious Activities Committee. They will be led this month by the following clergy. All are welcome to these ecumenical services, and the volunteer leaders are much appreciated.

**Dec. 7** -- Deb Klein (Lexington Presbyterian Church).

**Dec. 14** -- Louis Skidmore (retired).

**Dec. 21** -- Burr Datz (Catholic Campus Minister). No Communion. A service of nine

lessons and carols, with audience participation.

**Dec. 28** -- Betty Jean Young (retired).





## December Activities Calendar

(See pp. 2-3 for details. Please watch the bulletin boards for changes, additions, etc.)

1, Mon.	8:00 am	Men's Breakfast	Dining Room
2, Tue.	10:00 am	Christmas decorating	Webster
4, Thu.	2:30 pm 8:00 pm	Staff Appreciation Party University Jazz Ensemble	Kendal Hall [bus, 7:30 pm]
5, Fri.	10:00 am	Essential Tremor Support Group	Sunnyside
6, Sat.	7:30 pm	Rockbridge Choral Society Concert	[bus, 6:50 pm]
8, Mon.	10:30 am	Christmas decorating	Anderson lobby
9, Tue.	10:00 am 1:00 pm 7:00 pm	Knitting Group Residents Council Holiday Pops Concert	Webster North Parlor [bus, 6:20 pm]
10, Wed.	10:00 am 10:30 am 5:30 pm	Photography Group Parkinson's Support Group Marketing Dept.'s Party (Invited Guests)	Staff Development Room Sunnyside Kendal Hall
11, Thu.	11:00 am 2:00 pm 4:30 pm 4:30 pm 7:30 pm	Budget presentation Dementia Caregivers Support Group Sunnyside Weavers Presentation on Rockbridge Health Clinic 10-Minute Plays	Kendal Hall Sunnyside Sunnyside Kendal Hall [bus, 6:50 pm]
12, Fri.	3:30 pm	Harp music by Becky Edmondson	Webster
13, Sat.	9:00 am	Christmas decorating	Sunnyside
15, Mon.	Time TBA	Christmas lights tour	[bus, Time TBA]
17, Wed.	7:00 pm	Christmas Program: Kendal Singers, etc.	Kendal Hall
20, Sat.	8:00 am	Christmas Basket Program	[car pool]
	10:00 am	Recital, students of Julia Goudimova	Kendal Hall
23, Tue.	10:00 am	Knitting Group	Webster
23, Tue.	4:30 pm	Christmas music by the Recorder Consort	Kendal Hall
25, Thu.	Times TBA	Christmas Buffet	Dining Room
31, Wed.	7:30 - 9:30 pm	New Year's Eve Party	Kendal Hall