



# Kendal at Lexington

*The Residents' Newsletter*

160 Kendal Drive  
Lexington, Va. 24450

(540) 463-1910  
[www.kalex.kendal.org](http://www.kalex.kendal.org)

Vol. 16, No. 5  
**MAY 2016**

## **Kendal Artists Showcased In Fifth Annual Studio Tour**

With three participating artists, a beautiful venue, tasty snacks, and excellent restrooms, Kendal will be among the eleven locations taking part in the Fifth Annual Lexington Rockbridge Studio Tour on Saturday and Sunday, May 14 and 15, from 10 am to 5 pm. Kendal is one of the major sponsors of this event.

The tour is free, while the art and craft work on exhibition is for sale. Brochures with maps and studio locations are available in the Kendal lobby. For a more complete preview of the 32 participating artists and their works, visit [www.lexingtonrockbridgestudiotour.com](http://www.lexingtonrockbridgestudiotour.com). Included will be paintings, sculpture, photography, crafts of many kinds -- fabric creations, jewelry, ceramics, furniture, handmade books, metal-work, glass -- and much more.

On view in Sunnyside House will be works by Sudy Dressler (paintings, especially landscapes); Jo McMurtry (animal sketches); and John Winfrey (landscape and still life paintings).

All have Kendal connections. John Winfrey and Jo McMurtry are Kendal residents whose work has been shown in the residents'

art gallery and elsewhere in the Rockbridge area. John is a member of Lexington's Nelson Gallery. Sudy Dressler lives in York, South Carolina, but visits Lexington frequently. She is a special friend of Kendalite Uncas McThenia, and her work is carried by the Cabell Gallery on Washington Street. At Kendal, her paintings were exhibited in the Restaurant Gallery this past winter, while several have been bought by residents and donated to Kendal.

Kendal residents and staff will be available to help visitors find their way around. (If you would like to help, contact the Marketing Department.) Visitors will park around the circle closest to Sunnyside's front entrance. Since visitors will arrive and depart at various times, parking is not expected to be a problem.

Kendal's previous participation in the Studio Tour occurred in May of 2014, with works by Jo and John among those on display.

A Warm Kendal Welcome  
to  
Beth and John Knapp  
Apartment 116, South Building  
(moving to Kendal from Lexington)

## 🎵 Calendar Notes 🎵

[See also pp. 10 and 11. With some exceptions, most of them specified, the activities listed here are arranged through the residents' Culture and Entertainment Committee, chaired by Ann John. "Borden" = Benjamin Borden Center (skilled nursing care); "Webster" = Webster Assisted Living Center.

Some events are arranged too late for inclusion here. Please check the bulletin boards.

The charge for bus transportation to and from an event in Lexington is \$2.]

**May 1, Sun., 4 pm.** The Marlbrook Chamber Ensemble of W&L performs works of Saint-Saens, Lalo, Faure, and Debussy. The featured work is Vincent d'Indy's *Piano Quartet in A Minor, Op. 7*. Jaime McArdle, violin; Timothy Gaylard, piano; Julia Goudimova, cello. No ticket required. Wilson Concert Hall, W&L. [bus, 3:30]

**May 2, Mon., 8 am.** Monthly men's breakfast in the Dining Room. No reservation needed.

**May 2, Mon., 4:30 pm.** Second meeting of Kendal College course, "Jesus in Fact, Fiction, and Film," taught by Alexandra Brown, Fletcher Otis Thomas Professor of Bible at W&L. Third and final meeting will be held Monday, May 9, at 4:30. Participants will have signed up in April. (See the April issue of this newsletter for details.) Open to Kendal residents and staff. Kendal Hall.

**May 3, Tue., 2 pm.** Meeting of the "Chronic Disease Self-Management Program," led by Sybil Adams, Resident Services Coordinator, and Catie King, Health and Wellness Program Manager. (See the April issue of this newsletter for details.) This course also meets on May 10 and May 17. The Restaurant.

**May 4, Wed., 5 pm.** Volunteer appreciation dinner, arranged by the Activities staff. (See story, p. 5.) Kendal Hall.

**May 5, Thu., 3 pm.** Annette Clark, Family Services Director of the Alzheimers Association (Central and Western Virginia Chapter), will speak on "Healthy Living for Your Brain and Body." The focus is on prevention, including exercise (physical and mental), social stimulation, diet, etc. Arranged by Charlotte Sibold, Health Services Administrator. Kendal Hall. **Free and Open to Staff, Residents, and Outside Guests.**

**May 5, Thu., 4:30 pm.** Joel Blecher, assistant professor of religion and adjunct professor of law at W&L, will speak on "The Roots of ISIS, Ancient and Contemporary." Kendal Hall. **Free and Open to the Public.**

**May 6, Fri., 10:30 am.** The Kendal Singers present a "Spring and Happy Songs" sing-along. Kendal Hall. **Free and Open to the Public.**

**May 7, Sat., 6 pm.** Trip to the Virginia Horse Center, north of Lexington, to watch horses compete in the hunter/jumper classes of the "Lexington Spring Encore" show. Kendal will provide a box meal that is allowed in the Anderson Coliseum; food and drink will also be available for purchase. Kendalites will arrive at the end of the Horse Center's Kentucky Derby party, so we can expect a festive equine atmosphere. Return by 8 pm. Arranged by the Fitness staff. (See also May 25, below, for more about the Horse Center.) [bus, 6 pm]

**May 10, Tue., 6:30 pm.** Monthly meeting of the Sunnyside Weavers, open to Rockbridge area residents interested in any type of fiber art. For more information, contact Linda Wilder, lindawilder@gmail.com. Sunnyside House.

**May 11, Wed., 10 am.** Monthly meeting of Kendal's Photography Group. All are welcome. Contact Wil Stratton with questions. Sunnyside House.

(cont. on p. 3)

**Calendar Notes**

(from p. 2)

**May 11, Wed., 4 pm.** The Maury River Middle School Jazz Band presents a selection of favorites. Visit arranged by Laura Hotinger, Resident Life Coordinator. Kendal Hall. **Free and Open to the Public.**

**May 12, Thu., 2 pm.** Monthly meeting of the Dementia Caregivers Support Group. Open to all Kendal residents and staff, as well as to all Rockbridge area residents. For more information, contact Cathy Lewis, Kendal's Clinic RN, at 464-2609. Sunnyside House.

**May 12, Thu., 4:30 pm.** Matt Ruscio, of the firm Secure Futures, will speak on "The Revolution in Solar Energy." This firm, based in Staunton, specializes in solar installations larger than single-family residences. (Matt's father, Ken Ruscio, is president of W&L; his mother, Kim Ruscio, serves on Kendal's Board of Directors.) Kendal Hall. **Free and Open to the Public.**

**May 14, Sat., and 15, Sun., 10 am to 5 pm both days.** The Lexington/Rockbridge Studio Tour includes Kendal among its eleven venues. (See story, p. 1). Sunnyside House. **Free and Open to the Public.**

**May 18, Wed., 9:30 am.** Residents Association meeting. Kendal Hall.

**May 18, Wed., 4:30 pm.** "Larry Stene: It's Personal," a talk by Prof. Stene, who joined the W&L art department in 1982 and is now retiring. Several of Prof. Stene's paintings will be displayed at Kendal for a week or so before his talk. (Prof. Stene is the father of Alex Slaydon, Kendal's Marketing Associate from 2008 until earlier this year.) Kendal Hall. **Free and Open to the Public.**

**May 18, Wed., 7:15 pm.** Recital by string students of Jaime McArdle of the W&L Music

Department. Kendal Hall. **Free and Open to the Public.**

**May 19, Thu., 3:15 pm.** "Dome, Sweet Dome." Some of you may recall that Ted and Elsa Burrowes moved here from a dome home in Fairfield, about a half hour north of Kendal. In response to several people's expressing interest in seeing the house, and since it has not yet been sold, the Fitness staff is sponsoring a visit to the house. Caution: the house and grounds are not easily handicapped-accessible. Rain or shine; return by 5:30 at the latest. Bus charge \$3. [bus, 3:15 pm.]

**May 21, Sat., 2 pm.** Recital by piano students of Lexington pianist/composer Jonathan Cook. Kendal Hall. **Free and Open to the Public.**

**May 23, Mon., 4:30 pm.** Talk by Lt. Col. Dale Brown, Director of Construction at VMI, about VMI's building projects. Kendal Hall. **Free and Open to the Public.**

**May 24, Tue., 8 pm.** Commencement Concert by W&L's University Singers. Program features works chosen by the group's graduating seniors. No ticket required. Wilson Concert Hall, W&L. [bus, 7:20 pm]

**May 25, Wed., 3:30 pm.** To celebrate the thirtieth birthday of the Virginia Horse Center, its new CEO, John Nicholson, will give a short presentation about the Center: its history and future plans. Then there will be a live "Dog and Pony Show" featuring Lily the miniature horse and a service dog or two, who will show off their skills. Mr. Nicholson served as Executive Director of the Kentucky Horse Park in Lexington, Kentucky, for seventeen years. Kendal Hall. **Free and Open to the Public.**

(cont. on p. 4)

**Calendar Notes**

(from p. 3)

**May 25, Wed., 7:15 pm.** Select members of the Christine Schadeberg Studio will present music by Richard Rodgers and Oscar Hammerstein and their collaborations with Jerome Kern and Lorenz Hart. Featured singers will be Sarah Richey and Robb Zahm, with vocal cameos by Katie Boylan, Harrison Crittenden, and Gina Decanini. Selections will be from *Showboat*, *Sound of Music*, *Babes in Arms*, *South Pacific*, and *Carousel*. Kendal Hall. **Free and Open to the Public.**

**May 30, Mon., Time TBA.** A special Memorial Day program is planned, honoring all veterans but spotlighting especially veterans of World War II. Patriotic music by the Kendal Singers. Watch for postings of details. Kendal Hall.

**May 31, Tue., 3 pm.** Select Rehab, our therapy provider, will give a program on falls prevention. The program will last from thirty minutes to an hour. Light refreshments provided. Kendal Hall. **Free and Open to the Public.**

**Newsletter Statement and Staff**

*Kendal at Lexington* is written by and for the residents of the Kendal retirement community of Lexington, Va.

Staff: Helen Behrens, Sally Emory, Sarah Giddings, Maury Hanson, Rae Hickman, Jo McMurtry (editor), Elbie Raisbeck, Trix Rumford, Nanalou Sauder, Margaret Sayre, Victoria Shelar, Rudie Terhune, Clara Belle Weatherman.

**The deadline for the June, 2016 issue is Wednesday, May 18, 5 pm.**

**For the Gypsy In Us --**

*Taking advantage of our beautiful Kendal campus, John South and Dianne Herrick are arranging for the Wine and Conversation Hour, held each Tuesday at 5 pm, to move outdoors during May. They hope that you will join them on the back patio behind Sunnyside House. If rainy, or too hot, Wine and Conversation will be held in Kendal Hall. Look for the notice on the bulletin board if in doubt about the location each week.*

**Garden Carts Ready to Roll**

Kalex has again been awarded a \$5000 grant from Kendal Charitable Funds, the philanthropic arm of The Kendal Corporation. This year's project will make it possible for residents in wheelchairs to enjoy gardening.

Six injection-molded "grow vessels" -- tubs, one might say -- have been received from StandUp Gardens, a firm in New Hampshire. Resident woodworkers Lloyd Craighill and John Tucker have built sturdy frames, installed castor wheels, worked out the best setup for drainage, and thus created portable rolling gardens. The working surface of each garden measures forty eight by thirty inches and sits thirty inches from the ground. Sets of ergonomically correct tools will be purchased, allowing fragile hands to dig in the dirt.

In accordance with the principles of the Charitable Funds, Kalex is sharing two of the gardens with the wider Rockbridge community. One will go to Heritage Hall Healthcare and Rehabilitation Center in Lexington, and the other to the

(cont. on p. 5)

## Garden Carts

(from p. 4)

Golden Living Center in Buena Vista. Of the four remaining, one is destined for the Webster Center (assisted living) and three for the Borden Center (skilled nursing care) -- one for each of Borden's three "neighborhoods."

Past Kalex projects made possible by Kendal Charitable Funds include the "Little Free Libraries" and the "Music and Memories" program.

---

## Dinner for Kendal's Much-Appreciated Volunteers

Wednesday, May 4, from 5 to 6:30 pm in Kendal Hall is the date, time and place for this year's dinner honoring the volunteers who help make Kendal the welcoming place it is. Laura Hotinger, Resident Life Coordinator, has planned some special fun and asks guests to send her a baby or wedding picture. Laura can make a copy of the photo if needed. Music will be provided by Ray Blouin's BB&T Band.

Do you volunteer at the Borden Center (skilled nursing care) or the Webster Center (assisted living) -- or anywhere else on campus for that matter? If so, and if through some oversight you have not received an invitation, please let Laura know. Telephone 464-2627, or email [lhotinger@kalex.kendal.org](mailto:lhotinger@kalex.kendal.org). And, if you haven't begun volunteering but are thinking about it, come to the dinner, meet your future colleagues, and find out more. (Contact Laura so she'll have a tally.)

Current volunteers number about seventy, according to Laura. Some forty or so live in the Lexington/Rockbridge area, while the remainder live right here, in Kendal's Independent Living sector. Volunteers lend a hand with everything from wine and cheese parties to the Chimes

Choir, and much in between. The Activities staff runs a full program and is always happy to have extra hands and smiling faces. And, if you want to do something that isn't on the schedule, feel free to invent -- reading aloud, perhaps, or hosting video screenings.

Right now, the Activities staff is looking for people who enjoy gardening to help with the new garden cart project. (See story, p. 4.)

And, Laura says, there is always a need for male volunteers. Some activities are especially appealing to men (though women are not excluded) and these tend to gain pizzazz with a man at the helm. So -- with baseball season upon us, would some dedicated fan like to host a sports bar to watch a game once a week or so? Both Borden and Webster have large-screen TV sets, and the staff will provide beer, popcorn, and very likely Cracker Jack.

---

## Kendal College in June: "The Age of the Witch Hunts"

Michelle D. Brock, assistant professor of British history at W&L, will lecture on witch hunts on June 1, 8, and 15 (all Wednesdays) at 4:30 pm. The course is open to Kendal residents and staff, for a fee of five dollars. Registration forms will be distributed in May. Please contact Sally Emory with questions.

The course will examine the litany of complex reasons for the witch hunts, asking why they occurred when and where they did, why certain people were accused, and why the trials finally ended.

Prof. Brock holds a doctorate in history from the University of Texas. Her monograph, "Satan and the Scots: The Devil in Post-Reformation Scotland, c. 1560-1700," part of the St. Andrews Studies in Reformation History, is forthcoming.

**New Kendalite:****Patricia Dindinger**  
**Apartment 223, Webster Center**

Patricia ("Pat") Dindinger comes to Kendal from Staunton, where she has lived for twenty-four years. She moved frequently during her earlier life; her husband, the late Colonel Jack W. Dindinger, was a career Marine, and the family lived in many parts of the United States, including Hawaii.

Pat has five children, three daughters and two sons. One daughter, Leigh, lives "just over the hill" and teaches at Lylburn Downing Middle School in Lexington. Daughter Heidi lives in Stuart's Draft, Virginia, and Gail in Aiken, South Carolina. Son Thomas lives in Boston, Massachusetts, and John in Richmond, Virginia. Pat has eleven grandchildren (she thinks; she paused to count up) and nineteen great-grandchildren.

Pat was born in Pittsburgh and, after several moves with her family, attended the University of Nebraska, majoring in music and specializing in voice, before marrying her Marine. Her career, she says, was "raising children." When her husband retired in the Washington, D.C. area, the Dindingers acquired what Pat calls a "farmette," near Spottswood, Virginia, where, she says, they "played at farming," with two cows, six pigs, rabbits, and chickens. When the farm became too much to manage, they moved to Staunton, a town Pat likes very much for its interesting architecture and sense of history. She enjoyed attending concerts and plays, and remembers especially taking courses at the

R.R. Smith Center for History and Art. She is a longtime member of Covenant Presbyterian Church in Staunton.

Since moving to Kendal, Pat has met many of her fellow residents, and, she says, "I have yet to talk to anybody who doesn't like living here."

-- Jo McMurtry

**Memorial Book in Library**

The Library Committee has chosen *Charles Dickens: A Life*, by Claire Tomalin, as a memorial for Sid Coulling, who, during more than thirty years at W&L, taught courses on nineteenth century British poetry and prose, including the novel.

Claire Tomalin, a British writer and scholar, has published acclaimed biographies of Samuel Pepys and Thomas Hardy. This is a recent definitive and very readable biography of Charles Dickens (1812-1870), containing 400 pages of text and 100 pages of documentation.

Dickens's childhood was marked by his profligate father's stay in debtors' prison, and he was always aware of the seamy side of London, using his visits to morgues, prisons, and workhouses as material for his novels.

He could be very generous to his friends and to the desperately poor, but he could also be cruel. He left his wife, Catherine, after twenty years and nine children for Ellen Ternan, a

(cont. on p. 7)

**Memorial Book**

(from p. 6)

young actress. He cared for his first three children, but was disappointed in the remaining six, all sons.

Dickens made two trips to America, the second in the last year of his life, which was very successful. He much preferred France. As he grew older, his novels, such as *Bleak House* and *Our Mutual Friend*, darkened, and he was troubled by numerous painful ailments. The author writes, "You take away with you from *Our Mutual Friend* the river, tidal, dark, and powerful, the cheerless townscapes of London, the skies, the clocks striking through the night, the littered streets and gritty London churchyards . . . The moral climate of his London is sour and nasty, redeemed here and there by private courage and virtue."

-- Anne Preuss

**Staff Appreciation Party  
Friday, June 3, 2:30 pm**

**Watch for Postings  
of Further Information**

**Last Day for Donations  
Wednesday, May 27**

**Be Generous --**

**We Have the Best Staff in the World!**

## **Follow Up: Hands-On Computer Sessions**

Approximately sixty residents gathered in Kendal Hall on April 2 to learn more about their electronic devices. The day was divided into two sessions, with the morning sessions dedicated to devices, and the afternoon sessions to social media. Nathan Straub, Kendal's Network Administrator, gave helpful twenty-minute talks at the start of each session. Five VMI cadets assisted during break-out sessions for hands-on help.

As a follow-up to comments during the sessions from participants and the cadets, future steps will include:

(1) Continue to have hands-on work sessions, but only for a few hours at a time. (Details to follow.) Next fall, the cadets will see if they can arrange hands-on sessions on a monthly basis. We'll see if we can work with other students to have more work sessions as well.

(2) Schedule Nathan Straub to present bite-sized pieces of information at Resident Association meetings, on such topics as the wireless network being installed on the campus, security on your devices, etc.

(3) Assemble a list of residents who have experience with various devices, apps, and accessories, and who are willing to help other residents answer questions as they occur (by telephone or face to face). The first edition of this list is shown below, and will be posted in the alcove.

A task force including Nathan Straub and residents Dianne Herrick, John South, Jack Geikler, Wil Stratton, Cleve Hickman, and Sarah

(cont. on p. 8)

**Hands-On Computers**

(from p. 7)

Giddings will identify needs and opportunities for continued learning. They are open for an appropriate name for the task force. (The 'A' Team and The 'K' Team don't seem quite right.) Stay tuned!

The Device Skills Inventory in its present form lists the following residents. Inclusion on the list does not mean that these residents are experts in the areas listed, but only that they have experience or moderate familiarity with the subject. Even if their knowledge is only rudimentary, together you may be able to find solutions or be introduced to a new topic.

**Cleve Hickman:** PC devices; photos, Word Perfect, PowerPoint.

**Helen Staley:** PC devices; MS Windows 7, scanner/printer, basic Word and Excel.

**Jack Geikler:** iPad, iPod, and iMac; data basing music, processing and organizing photos.

**John South:** iMac, MacBook, iPad, iPhone, Apple TV; email, various Apps, photos, system upgrades, Web surfing, MS Excel, Word and PowerPoint, iMovie, Sonos, iCalendar, iBooks, scanning, Epson printer, Quicken.

**Sarah Giddings:** PC, iPhone; email, attachments.

**Wil Stratton:** MacBook; photos, Excel, transferring files and images.

**Caroline and Tom Bridges:** PC, iPad; Tom is an Excel user -- Caroline uses Word, and both use iPad for movies and share books between the iPad and the Kindle.

-- Dianne Herrick and John South

[Dianne and John would like to express their thanks for the help they received in compiling this article.]

**Pear Problem**

[Resident and naturalist Victoria Shelar has written frequently for this newsletter.]

The profusion of lovely white-flowering trees that we see early in spring are generally descendants of the wild Callery Pear. Because this tree was resistant to "fire blight," it was brought from China in 1908 to serve as root stock for the commercial pear industry then suffering from that disease. By 1963, the USDA was recommending its earliest cultivar, the Bradford pear, as the perfect street tree. It had many virtues: thornless, early spring bloom, rapid growth, a symmetrical crown shape, medium height of 15-25 feet, abundant fruits (like tiny apples) popular with birds, bright red leaves in fall, tolerance for a wide variety of soils and pH, and pollution tolerance. Contractors often planted it in housing developments, industrial parks, and shopping centers. Homeowners loved it.

A feature which was supposed to prevent the Bradford pear from spreading into the countryside was that it was not self-pollinating, nor could it be cross-pollinated with others of its kind to produce viable seed. It did have one flaw, however. Its branches mostly originated together at one low point around the trunk and at an acute angle, thereby growing upward in a closely packed cluster. As the fast-growing tree grew and the branches thickened, they tended to split and crack off, either by themselves or during high winds. Hybrids were developed to reduce this tendency: the New Bradford Pear, the Cleveland Select, the Whitehouse, etc., all selling under the basic name of Bradford Pear.

Unknown at the time was that if the various new hybrids grew close enough to each other (within 300 feet), transference of their pollen back and forth by pollinating insects now resulted in seeds that were viable. Since the trees were very prolific and the birds very eager

(cont. on p. 9)



**Pear Problem**

(from p. 8)

for the fruits, volunteer seedlings became widespread, often in places where they were unwelcome, especially because these new wild hybrids frequently bore nasty thorns. Ultimately, the worst environmental problem was that all these trees could spread by sending up "suckers" from their roots, thereby producing dense thickets which displace our variety of native trees and reduce diversity. Both the National Park Service and the U.S. Fish and Wildlife Service ([www.invasive.org](http://www.invasive.org)) strongly recommend against planting "Bradford Pear."

Some states, such as Tennessee, have placed the "Bradford Pear" on their watch list of invasive plants. Lots of nurseries, however, still offer these trees for sale, and unfortunately, as you drive around the Lexington area in the spring, you will see many on the streets, near hotels, shopping centers, and homes. Several were planted at Kendal in the past and can be seen dotted about the campus.

As we continue to consider future landscape plantings, no more "Bradford Pears" should be on the list of possibilities. Suggested white-flowering substitutes are such species as Serviceberry, Flowering Dogwood, and White Redbud. One last fact about "Bradford Pear" which ought to turn anyone away from this plant: many people say the blooms stink like rotting fish.

-- Victoria Shelar

(Photos in the Information Alcove.)

**In Memoriam**

Mary Barker

Died April 9, 2016

Entered Kendal September 1, 2002

**Spotlight on Wellness for May**

Outdoor excursions are coming up, with hikes planned for the Chessie Trail and Lake Robertson. Webster and possibly Borden residents will be involved in some outings. Weather could be a factor; watch for postings.

The Tai Chi class taught by Karen Price, instructor at Center of Gravity Yoga and Pilates Studio in Lexington, now meets on Thursdays at 11 am. Resident Ruth Woodcock, a participant, reminds us that Tai Chi is excellent for balance. The full schedule of classes is available on the web and in the Fitness Center. Most classes are taught by Kendal staff, but some are taught by off-campus specialists.

A new sound system and a new elliptical machine have been installed in the Fitness Center. The sound system "sounds great," according to Jason Bunn, Health and Fitness Program Manager. The new elliptical "is a little tougher than the older one, but also a little smoother."

Contact Catie King, Health and Wellness Program Manager, or Jason at 458-0103.

**Bits and Pieces . . . .**

¶ **Wireless Access.** Nathan Straub, our Network Administrator, spoke at the Residents Association meeting of April 20 on the progress of Kendal's wireless project. Cable has been laid to provide service in all apartments and the Webster Center. The cluster cottages and Sunnyside House are next. The question of the cost to residents who want to go wireless cannot be fully answered at this time.

¶ **Full House, Almost.** Counting units that have been reserved, our occupancy rate as of late April is 99.2 per cent.

(cont. on p. 10)

## Weekly Scheduled Activities

Sundays (1, 8, 15, 22, 29)	4:00 pm	Vespers	Kendal Hall
Mondays (2, 9, 16, 23, 30)	1:30 pm	Needleworkers	North Parlor
	7:00 pm	Movie	Kendal Hall
Tuesdays (3, 10, 17, 24, 31)	1:00 pm	Recorder Consort	Kendal Hall
	5:00 pm	Wine & Conversation	Kendal Hall
Thursdays (5, 12, 19, 26)	10:00 am	Bible Study with the Rev. Tom Crittenden	Staff Devel. Rm.
	3:30 pm	Tea Served	Dining Room
	7:00 pm	Movie	Kendal Hall
Fridays (6, 13, 20, 27)	10:30 am	Kendal Singers	Kendal Hall
Saturdays (7, 14, 21, 28)	3:00 pm	Movie	Webster

### Bits and Pieces

(from p. 9)

☞ **Here are the final standings** in Kendal's First Annual March Madness Challenge, conducted by Jason Bunn, Health and Fitness Manager. (See the April issue of this newsletter for method of scoring and other details.) None of the entrants picked Villanova to win the NCAA championship on April 4 -- nor, presumably, did anybody expect such an amazing finish. (Who would?) Participating residents and staff were: Ted Chapman, 101 points; Catie King, 95; Jim McMillan, 85; Lloyd Craighill, 81; Jason Bunn, 77; Ann John, 77; Sybil Adams, 75; Bill Stearns, 73; Penny Henneman, 72; Ned Henneman, 61; Jo McMurtry, 61; Ken Brow, 58; Laura Hotinger, 50; Linda Moreschi, 40.

☞ **The Courtyard Garden** is on its way to glory, according to Ted Burrowes, head of the resident task group planning and supervising this project. Currently the garden seems to feature mostly rocks, but this will change. Most of the work is being done by Herbie Martin, Maintenance Supervisor, and the Maintenance staff. Ted hopes that many of the shrubs and other plants will be in the ground by mid-May. Volunteers are welcome. Also, Ted says, don't forget to visit the Secret Garden behind Sunny-side House. This cozy space, hidden among its

ancient boxwoods, is especially inviting this time of year.

☞ **A Warm Welcome to Terri George**, who on April 25 began her job as our new full-time Marketing Associate. Look for more about Terri in the June issue of this newsletter.



## Vesper Services in May

All are welcome to the Vespers services arranged by the Vespers/Religious Activities Committee, held every Sunday at 4 pm in Kendal Hall. The generosity of the volunteer officiants and musicians is much appreciated.

**May 1:** Deb Klein (Lexington Presbyterian Church); pianist, Kay Horner.

**May 8:** Punker Robertson (Fairfield Presbyterian Church); pianist, Karen Fredenburg.

**May 15:** Nat Davidson (Grace Presbyterian Church); pianist, Lee Higgins.

**May 22:** Jason Grimes (High Bridge Presbyterian Church); pianist, Clyde Moore.

**May 29:** Bill Klein (Lexington Presbyterian Church); pianist, Donna Mabry.

## May Activities Calendar

(See pp. 2-4 for details. Please watch the bulletin boards for changes, additions, etc.)

1, Sun.	4:00 pm	Marlbrook Chamber Ensemble	[bus, 3:30 pm]
2, Mon.	8:00 am	Men's Breakfast	Dining Room
	4:30 pm	Kendal College, "Jesus in Fact, Fiction . . . "	Kendal Hall
3, Tue.	2:00 pm	Chronic Disease Self-Management Program	The Restaurant
4, Wed.	5:00 pm	Volunteer Appreciation Party	Kendal Hall
5, Thu.	* 3:00 pm	<b>Annette Clark, "Healthy Living . . . "</b>	<b>Kendal Hall</b>
	* 4:30 pm	<b>Joel Blecher, "The Roots of ISIS . . . "</b>	<b>Kendal Hall</b>
6, Fri.	* 10:30 am	<b>Kendal Singers, "Spring and Happy Songs"</b>	<b>Kendal Hall</b>
7, Sat.	6:00 pm	Trip to the Virginia Horse Center	[bus, 6:00 pm]
9, Mon.	4:30 pm	Kendal College, "Jesus in Fact, Fiction . . . "	Kendal Hall
10, Tue.	1:00 pm	Residents Council	North Parlor
	2:00 pm	Chronic Disease Self-Management Program	The Restaurant
	6:30 pm	Sunnyside Weavers	Sunnyside
11, Wed.	10:00 am	Photography Group	Sunnyside
	* 4:00 pm	<b>Maury River Middle School Jazz Band</b>	<b>Kendal Hall</b>
12, Thu.	2:00 pm	Dementia Caregivers Support Group	Sunnyside
	* 4:30 pm	<b>Matt Ruscio, "Revolution in Solar Energy"</b>	<b>Kendal Hall</b>
14, Sat.	* 10:00 am -- 5:00 pm	<b>Lexington Rockbridge Studio Tour</b>	<b>Sunnyside</b>
15, Sun.	* 10:00 am -- 5:00 pm	<b>Lexington Rockbridge Studio Tour</b>	<b>Sunnyside</b>
17, Tue.	2:00 pm	Chronic Disease Self-Management Program	The Restaurant
18, Wed.	10:30 am	Residents Association Meeting	Kendal Hall
	* 4:30 pm	<b>Talk by Larry Stene, W&amp;L Art Department</b>	<b>Kendal Hall</b>
	* 7:15 pm	<b>String Recital, Students of Jaime McArdle</b>	<b>Kendal Hall</b>
19, Thu.	3:15 pm	Trip to the Burrowes' dome house in Fairfield	[bus, 3:15 pm]
21, Sat.	* 2:00 pm	<b>Piano Recital, Students of Jonathan Cook</b>	<b>Kendal Hall</b>
23, Mon.	* 4:30 pm	<b>Talk by Lt. Col. Dale Brown</b>	<b>Kendal Hall</b>
24, Tue.	8:00 pm	University Singers Commencement Concert	[bus, 7:20 pm]
25, Wed.	* 3:30 pm	<b>"Dog and Pony Show" with John Nicholson</b>	<b>Kendal Hall</b>
	* 7:15 pm	<b>Voice Recital, Christine Schadeberg Studio</b>	<b>Kendal Hall</b>
30, Mon.	TBA	Memorial Day Program	Kendal Hall
31, Tue.	* 3:00 pm	<b>Program on Fall Prevention by Select Rehab</b>	<b>Kendal Hall</b>

\* Free and Open to the Public

# *Kendal at Lexington*

*The Residents' Newsletter*

