



# Kendal at Lexington

*The Residents' Newsletter*

160 Kendal Drive  
Lexington, Va. 24450

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Vol. 16, No. 3  
**MARCH 2016**

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## **"Person-Centered Care" At Borden and Webster**

Instead of hand lotion, deodorant, and other toiletries, the Borden Center's "Store Cart," operated by a cadre of Independent Living volunteers, will now offer as it rolls from room to room an assortment of free magazines, puzzle books, pencils, note cards, and -- most important of all -- a friendly one-to-one visit. The cart, in fact, will function as a sort of spring-board for the visit, a starting point.

This shift of emphasis is part of an overall movement in the Borden Center (skilled nursing care) and the Webster Center (assisted living) toward "person-centered care," in which each resident is seen as a unique individual, someone who merits personal visits and small-group activities that match his or her special interests.

"We're getting away from the idea of 'activities' as large groups of people, all doing the same thing," explains Laura Hotinger, Resident Life/Activities Coordinator. "Of course we'll still have some group games and get-togethers. But we want to make everything more homelike."

When imagining a small-scale and homelike atmosphere, Laura and her colleagues hope eventually to see a reconfiguration of the Borden Center with an emphasis on "neighborhoods," two or three of them perhaps, each with

a living area, a dining area, and a family style kitchen where residents might make themselves a sandwich or a cup of cocoa whenever they feel like it.

Kendal's current Master Plan embraces the "neighborhood" idea, but, of course, any decision about what will actually be done is still in the future. This future might be getting a bit closer, though.

Laura points out that the Webster Center is already something of a model for the "neighborhood" concept -- kitchen and all. Webster has twenty studio apartments and primarily serves contract residents who entered Kendal in an Independent Living cottage or apartment but who now find themselves in need of providing a higher level of care.

The Borden Center is different in many ways. With its sixty beds, it offers skilled nursing care to the entire Rockbridge area and has done so since 2002, when Lexington's Stonewall Jackson Hospital discontinued its extended care unit and many of the patients transferred to Kendal's newly-built facility. (The Kendal newsletter for October, 2002, describes a parade of ambulances, vans, and private cars arriving on "a warm, sunny Saturday morning" in late September. Independent Living residents greeted the newcomers and helped them settle into their rooms.)

(cont. on p. 4)

## 🎵 Calendar Notes 🎵

[See also pp. 10 and 11. With some exceptions, most of them specified, the activities listed here are arranged through the residents' Culture and Entertainment Committee, chaired by Ann John.

"Borden" = Benjamin Borden Center (skilled nursing care); "Webster" = Webster Assisted Living Center.

Some events are arranged too late for inclusion here. Please check the bulletin boards.

The charge for bus transportation to and from an event in Lexington is \$2.]

**Mar. 1, Tue., 6 am to 7 pm.** "Super Tuesday" in Virginia; both the Democratic and the Republican parties hold their presidential primaries simultaneously, with voting in our usual precincts. For most Kendalites, this is the Effinger firehouse in southwestern Rockbridge County. Virginia law allows voters to participate in one or the other primary, but not both; just tell the officials which ballot you want. Bring a photo ID. [buses to the Effinger firehouse: 9:30 am, 11 am, 1 pm, 2:30 pm]

**Mar. 2, Wed., 4 pm.** Farewell party for Alex Slaydon, who is retiring as Marketing Associate. (See story, p. 4.) Kendal Hall.

**Mar. 2, Wed., 5 pm.** Our popular "Night on the Town" series continues, this time at The Bistro on Main Street. Dinner, \$15 plus tax and gratuity; drinks and dessert also available for purchase. Choice of New Orleans Style Gumbo sampler, grilled salmon, butternut squash ravioli. [bus, 5 pm]

**Mar. 5, Sat., 8 pm.** The Dali Quartet, currently Brandywine Artists in Residence at West Chester University in Pennsylvania, specializes in both a traditional string quartet and a Latin American repertoire. Presented by W&L's Sonoklect series, showcasing new music and jazz. No ticket required. Wilson Concert Hall, W&L. [bus, 7:20 pm]

**Mar. 6, Sun., 3 pm.** Faculty concert by Leslie Nichols, clarinet; Julia Goudimova, cello; Byron W. Petty, piano, and Shuko Watanabe, piano. Music by Beethoven and Brahms. No ticket required. Wilson Concert Hall, W&L. [bus, 2:20 pm]

**Mar. 7, Mon., 8 am.** Monthly men's breakfast in the Dining Room. No reservation needed.

**Mar. 8, Tue., 6:30 pm.** Monthly meeting of the Sunnyside Weavers, open to Rockbridge area residents interested in any type of fiber art. This month, the program will include a color exercise led by Roanoke weaver Meridith Entingh. For more information, contact Linda Wilder, lindawilder@gmail.com. Sunnyside House.

**Mar. 9, Wed., 10 am.** Monthly meeting of Kendal's Photography Group. All are welcome. Contact Wil Stratton with questions. Sunnyside House.

**Mar. 9, Wed., 3 pm.** Presentation on emergency procedures at Kendal. Learn the best ways to report an emergency in your cottage or apartment, to respond to a fire alarm in various parts of the campus, and much more. These things change with new technologies and streamlined procedures, so it's a good idea to stay up to date. Arranged by Charlotte Sibold, Health Services Administrator. Kendal Hall.

**Mar. 9, Wed., 7:45 pm.** Music by the Garth Newel Piano Quartet, based in Bath County at the Garth Newel Music Center. Teresa Ling, violin; Evelyn Grau, viola; Isaac Melamed, cello; Jeannette Fang, piano. No ticket required. Gillis Theater, VMI. [bus, 7:10 pm]

**Mar. 10, Thu., 2 pm.** Monthly meeting of the Dementia Caregivers' Support Group. Open to all Kendal residents and staff, as well as to all

(cont. on p. 3)

**Calendar Notes**

(from p. 2)

Rockbridge area residents. For more information, contact Cathy Lewis, Kendal's Clinic RN, at 464-2609. Sunnyside House.

**Mar. 10, Thu., 4:30 pm.** Bob Strong, Professor of Politics and Associate Provost at W&L, will speak on the re-unification of Germany and NATO. Prof. Strong has been a popular speaker at Kendal for a number of years. Kendal Hall. **Free and Open to the Public.**

**Mar. 11, Fri., 7:30 pm.** "Legally Blonde," this year's Robert O. and Elizabeth M. Bentley Musical, was an award-winning Broadway production in 2007. Not-so-dizzy blonde survives and thrives (eventually) at Harvard Law School. Directed by Rob Mish; musical direction by Josh Harvey; choreography by Jenefer Davies. The late Betty Bentley, one of the founders of this annual event, was a resident of Kendal. Senior ticket \$20. (Box Office, 458- 8000.) Keller Theatre, Lenfest Hall, W&L. [bus, 6:50 pm]

**Mar. 13, Sun., 2 am.** Daylight Saving Time begins; set clocks ahead one hour.

**Mar. 13, Sun., 2 pm.** "Bonnie and the Little River Boys," a large group of country-style musicians, will perform in the dining room of the Borden Center. Arranged by Teresa Markham of the Activities Staff. **Free and Open to the Public.**

**Mar. 16, Wed., 9:30 am.** Residents Association meeting, followed by the regular "tune-up clinic" for adaptive equipment (wheelchairs, walkers, etc.). Kendal Hall.

**Mar. 22, Tue., 1:30 pm.** Tour of the George C. Marshall Museum, on the VMI Post. This event was cancelled by last month's snowfall but has been re-scheduled. Senior admission \$3. [bus, 1:15 pm]

**Mar. 22, Tue., 8 pm.** W&L's winter choral concert, featuring Beethoven's *Choral Fantasy*. Men's Glee Club and Cantatrici (women's group). Jonathan Cook, pianist. This work, composed in 1808, adds solo and choral voices to what is basically a piano concert; in this way it is related to the "Ode to Joy" that concludes Beethoven's *Ninth Symphony* (1822-24). Ticket free, but required. (Supplied to passengers on the Kendal bus.) Wilson Concert Hall, W&L. [bus, 7:20 pm]

**Mar. 23, Wed., 4:30 pm.** "Tales from the Vault: A Sampling of Treasures from W&L's Special Collections," by Tom Camden, Head of Special Collections and Archives for the W&L Library since 2013. A native of Rockbridge County, Mr. Camden was Director for the Museum and Research Library at the George C. Marshall Foundation from 1993 until 2000. He served as Director of Special Collections at the Library of Virginia in Richmond from 2000 until 2013. Kendal Hall. **Free and Open to the Public.**

**Mar. 30, Wed., 7:15 pm.** Recital by tenor Shawn Puller, currently Executive Director of the Garth Newel Music Center in Bath County. Kendal Hall. **Free and Open to the Public.**

**Mar. 31, Thu., 8 pm.** The University Jazz Ensemble presents a varied program. No ticket required. Wilson Concert Hall, W&L. [bus, 7:20 pm]

★ VISITORS ARE WELCOME ★  
to many events at Kendal. Please check the listings on these pages for "open to the public" designations. We're glad to see you!

## "Person-Centered Care" (from p. 1)

At present, Kendal's Independent Living residents are a definite minority in the Borden Center -- fewer than ten in mid-February -- and consequently the Borden Center is very much oriented to, and enmeshed with, the larger Lexington/Rockbridge community. Some of our per diem Borden residents are here for a short stay, perhaps recuperating and receiving therapy after surgery or an illness; others have been with us for years. Families and friends come from all over to visit. There are no restricted hours, and visitors may walk in at any time. Many of the volunteers helping with activities at Borden come from the wider community, while others, like the "store cart" group, come from Kendal's Independent Living sector.

Laura especially urges volunteers to drop in for informal visits. "Borden residents love music, and if you turn on their iPod for them, you can both listen." The iPods are individually loaded with selections chosen by the resident or sometimes by his or her family, and are available through Kendal's "Music and Memory" program. (Research has shown that listening to one's favorite music is not only a lifelong joy but an aid to health and alertness.)

Volunteers are welcome to take part in programs that are coordinated by the Activities staff or to originate their own personal missions. Some of these gifts of time are very simple. Two Independent Living residents, almost every evening after supper, walk over to Borden and chat with people they know. Another frequently spends an hour of a Wednesday morning reading poetry to an attentive group in the Borden sunroom -- a project that was entirely this residents' own idea.

To learn more about volunteering, contact Laura at 464-2617 or lhotinger@kalex.kendal.org.

-- Jo McMurtry



## Vespers in March

All are welcome to the ecumenical Vesper services arranged by the Vespers Committee and held every Sunday at 4 pm in Kendal Hall. The generosity of the volunteer officiants and musicians is much appreciated.

**Mar. 6:** Deb Klein (Lexington Presbyterian Church); pianist, Mary Harvey-Halseth.

**Mar. 13:** Norm Tippens (Trinity United Methodist Church); pianist, Jean Eisenhauer.

**Mar. 20:** Kris Peaden (Rockbridge Community Church of the Nazarene); pianist, Clyde Moore.

**Mar. 25, Good Friday, 11 am:** a prayer and meditation service conducted by Renate Chapman.

**Mar. 27:** Steve Cathcart (Timber Ridge "Old Stone" Presbyterian Church); pianist, Karen Fredenburg.

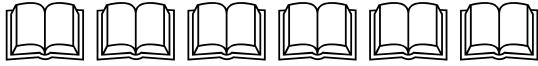
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## Best Wishes to Alex!

A farewell party for Alex Slaydon, who has retired as Marketing Associate as of mid-February, will be held at 4 pm on Wednesday, March 2, in Kendal Hall. All are invited.

Alex joined the Marketing Department in 2008, just in time to help with the move-ins of the Phase II newcomers, and her warm smile and upbeat personality have been a central part of our community ever since. During her Kendal years, Alex married her husband, Chris, and had two little girls, Carson and Libby.

Alex looks forward to having more time with her family. We can certainly understand that -- but please, Alex, come back often to visit.



## Memorial Book Review

Donald Giddings, who died February 11, chose his own memorial book for Kendal's library collection and wrote a review of it in January of 2014.

### *The Invention that Changed the World* by Robert Buderer (Simon and Schuster, 1996)

A writer named Robert Buderer was strolling across the MIT campus one day in 1986. He noticed a rickety old building which was about to be torn down. His curiosity led to a fascinating story which is still missed by most historians. This story has its roots in World War I, and ends with a subplot that I have yet to see reported.

An engineer named Vannevar ("rhymes with achiever") Bush had ten minutes scheduled with President Franklin R. Roosevelt in 1940. Vannevar Bush walked in with a single sheet of paper and walked out with FDR's approval. A special organization of civilian scientists and engineers with a direct connection to the White House was formed to coordinate science, engineering, and manufacturing with the military, "should war come."

Ernest Lawrence, inventor of the cyclotron, helped sponsor a new laboratory to develop better radar. The lab was deceptively named the Radiation Laboratory, or Rad Lab, so people would think it was merely another of Lawrence's nuclear physics labs. It was housed at MIT. Nuclear physicists suspended their careers on short notice to become radar engineers and inventors. Did anyone ever wonder why so many nuclear physicists were corralled in one place to become radar engineers? (Einstein had already signed two secret letters to President Roosevelt.)

My father worked in the Rad Lab from 1942 to 1945. My mother helped out at a small laboratory down the street which made radar countermeasures. Also developed at the Rad Lab was LORAN, a long-range radio navigation system. No, Virginia, we didn't always have satellites.

A small but powerful source of microwaves was urgently needed, to track individual airplanes and submarines from the ground and from the air. Eight countries were working on radar when the British decided, in 1940, to share their military technology with the USA. One of their secrets was a copper cylinder which would fit in the palm of your hand. It was based on an American invention, improved by the Germans, and was a tremendously powerful source of microwaves. Two British scientists, Boot and Randal, had made it practical and called it a cavity magnetron.

During wartime, basic scientific research tends to be replaced by rapid development of weapons technology. In the case of radar, some basic research in the behavior of ultra-high frequency radio waves (microwaves) had to be done during the war, in addition to a large amount of development.

The planned announcement of radar in August, 1945 was overshadowed by the dropping of the A-bomb on Japan. Some radar people commented that along with the sacrifices of millions, "Radar won the war; The Bomb only shortened it."

Other books about radar, by Bowen, Guerlac, Pollard, and Brown, for example, tell us about radar in other countries. The fascinating and important story of radar in the USA and Britain has been told in a highly readable, non-technical manner by Buderer.

-- Donald Giddings

## Familiar Faces In New Places

Internal job moves have brought staffers Brittany Camden and Ashley Brunty into new positions -- or somewhat new, as each is well prepared in training and experience. Brittany is now our Resident Health Coordinator (aka social worker), replacing Shana Colwell, who has accepted a job at the Rockbridge Area Health Center. Ashley moves into Brittany's job as Marketing Associate responsible for admissions for the Borden and Webster centers. Ashley's immediately previous post at the receptionist's desk in Anderson lobby is unfilled as we go to press, but staff members and volunteers are helping out.

Ashley began her career at Kendal eight years ago in Dining Services, then shifted to Receptionist/Administrative Assistant in 2012. She is a native of Fairfield and a graduate of Stuarts Draft High School. She has taken several online courses in business administration at Blue Ridge Community College. Ashley already knows her new job well, having served as Brittany's back-up over the past two years.

Brittany graduated from Rockbridge County High School, then completed an associate's degree in general studies at Dabney Lancaster Community College. In 2007, she started working at Kendal, doing "a little bit of everything," and found she enjoyed working with a senior population. She took online courses through the Mary Baldwin College adult degree program, and has completed her Bachelor's degree in Social Work.

"I've learned a lot," Brittany says, "but there's a lot to learn." She especially enjoyed working with and learning from Shana Colwell and from

Sybil Adams, who is now Resident Support Coordinator.

Brittany's job involves a great deal of careful record-keeping -- documenting individual patient assessments, for example, and the information needed for Medicare. She works in particular with residents in transition, entering the Borden Center or leaving it.



## Resident Art Show in March

The March Resident Art Show will run from Monday, March 7, to Friday, June 3. The day to retrieve current work and bring in new work is Friday, March 4, between 9:30 and 11:30 am, or 2 to 4 pm.

For the object label posted beside each piece, please provide your name, a title, and the type of medium. Art show notices were distributed in February that include guidelines to clarify what to use for hanging, and a similar notice will be posted in the Information Alcove.

With only two display cases, we need to know ahead of time if you would like to reserve space for small, unframed craftwork, so we can plan the display.

For anyone newly arrived at Kendal, please consider exhibiting in our gallery. We are always grateful to those of you who lend your work, which does not have to have been recently created but must have been made by you.

The Residents' Art Gallery is located on Level One, just past The Restaurant and in the corridor leading toward the south elevator. The third art show in 2016 will open October 10. Please direct any questions to either Victoria Shelar or Trix Rumford.

## "Mock Con" Watch Party A Decided Success

In what was probably the most extensive single program ever undertaken by the Culture and Entertainment Committee, Kendal Hall became the venue for the live video streaming of all four sessions, taking place over two days, of W&L's 2016 "Mock Convention."

Balloons, festive hats and leis, and refreshments (including a cash bar) were on offer Friday and Saturday, February 12 and 13. The main focus, of course, was the big screen. Following an impressive line-up of speakers, many of them nationally known, Kendalites watched students playing the part of state delegates choose Donald Trump as the Republican presidential nominee. Trump, with 1,320 electoral votes, led Ted Cruz, with 652; Marco Rubio, 399; Jeb Bush, 72; and John Kasich, 19.

W&L students' prediction of the person whom the party out of power in the White House would nominate for President has been correct in 19 out of 25 elections. (The most recent wrong choice occurred in 2008, when students picked Hilary Clinton over Barack Obama.) Except for 1920 and 1940, when no mock conventions were held, the tradition goes back to 1908, when students correctly chose William Jennings Bryan as the Democratic nominee. (Bryan lost the election to William Howard Taft.)

The students put untold hours of work into this major research project, following the polls and other events taking place in their designated states. They also raise the money for their speakers -- a line-up which this year included Newt Gingrich (Congressman from Georgia, 1979-1999; Speaker of the House, 1995-1999) and Dick Cheney (Vice President, 2001-2009).

Cheney, who spoke on Friday evening, noted that four other vice presidents had

spoken at Mock Con before him, including Harry Truman, Richard Nixon, and Dan Quayle. The fourth, Alben Barkley, died of a heart attack while giving his speech on April 30, 1956. "Statistically, I guess three out of four vice presidents can be expected to survive the excitement at W&L," Cheney went on. And, "for the record, I've never felt better."

Matt Bevin, now Governor of Kentucky and a W&L graduate (class of 1989), spoke on Saturday afternoon. In a passing reference to Barkley's death, Bevin observed that it would be hard to imagine a better way to go.

A remarkable number of present-day Kendalites were attending Mock Con in various capacities on this memorable day sixty years ago: Mary Coulling, Sally Holland, Lew John, Hardin Marion, Uncas McThenia, Matt Paxton, and Larry Weinerth. (See the February, 2015, issue of this newsletter for a fuller story.) In addition, Farris Hotchkiss, longtime Kendal supporter and Board member, was standing on the running track above the gym, as was current resident Tom Litzenberg.



## "Livestreaming" at W&L

Ann John, chair of the Culture and Entertainment Committee and impresario of the "Watch Party" described above, would like us all to know that the big screen in Kendal Hall is not the only way to follow goings-on at W&L. The university "livestreams," that is digitally records, many speeches and events that take place on campus. You can view these on your own computer screen. The link is: <https://live.stream.com/wlu>. In addition to watching a live event, you may access archived programs through this same link.

## Out and About in March

[This column lists events and activities to which Kendal is not offering transportation, but which may be of interest to residents and their guests.]

**Wednesday Mornings, 9 am to 1 pm.** Lexington Indoor Farmers Market, 18 E. Nelson St., continues through mid April. Local produce, eggs, baked goods, cheese, honey, and much more.

**Mar. 4, Fri., 5-7 pm.** "First Friday" art walk in downtown Lexington. Visit galleries, see current exhibits, chat with artists, enjoy wine and nibbles. Kendal has a special connection this month at the Nelson Gallery, 27 W. Washington St. The gallery's "Side by Side" exhibition displays work by gallery members and guests invited by the members; included are Kendalites John Winfrey, gallery member, and Jo McMurtry, guest.

**Mar. 5, Sat., 12:55 pm.** The Metropolitan Opera, transmitted live in high definition, presents Puccini's *Manon Lescaut*, with soprano Kristina Opolais and tenor Jonas Kaufmann. The director, Richard Eyre, has placed the action in occupied France, in a film noir setting. State Theater, 12 W. Nelson. Telephone 463-3424 for ticket prices.

**Mar. 7-8, Mon. and Tue.,** Sixth annual Leadership Conference at VMI. The topic is "Ethical Dilemmas in the Digital Age." Speakers and panelists from a variety of disciplines. Regular registration costs \$99, but, according to the website, a limited number of grants are available for help with this cost. See [www.vmi.edu](http://www.vmi.edu) for a full program and registration information.

**Mar. 17, Thu., 7 pm.** The original Harlem Globetrotters come to the Berglund Center Coliseum, 710 Williamson Rd., Roanoke. The Globetrotters are currently on their ninetieth

anniversary world tour. Tickets \$27.50 to \$105.50. Telephone 540-853-2241.

**Mar. 24, Thu., 8:30 pm.** Applied student recital. No ticket required. Wilson Concert Hall, W&L.

**Mar. 29, Tue., 7 pm.** W&L's Bluegrass Ensemble holds an old-time hootenanny in Stackhouse Theater, located on the first floor of the John W. Elrod Commons. No ticket required.



## In Memoriam

Frank Parsons

Died January 28, 2016

Entered Kendal March 13, 2014

Donald Giddings

Died February 11, 2016

Entered Kendal October 17, 2000

Sidney Coulling

Died February 22, 2016

Entered Kendal July 17, 2000



## Bits and Pieces . . .

☞ **"Relaxation and Meditation"** is the class that Jason Bunn and Catie King of the fitness/wellness staff have chosen to spotlight this month. This is, explains Jason, "a thirty minute class that gets you removed from the everyday thoughts and worries of real life. The session typically starts with ten minutes of progressive muscle relaxation. Once the body is completely relaxed, residents in the class are treated to a visualization that takes them far beyond their present location. The script is read, and the residents enjoy going to the beach, looking at the stars, floating on a cloud, or one of many other wonderful excursions. After thirty minutes, you will wake up feeling refreshed and relaxed, ready to tackle the rest of the day." The class meets on Tuesdays and Thursdays at 10:30, in the Fitness Classroom. Check out the many other classes on Kendal's fitness/wellness schedule; copies are available in the Fitness Center. Jason and Catie can be reached at 458-0103.

☞ **Kendal's Occupancy** is now 98.3 per cent in the Independent Living sector, counting reservations for move-ins later in the year. As we go to

press, a one-bedroom apartment and a two-bedroom cluster cottage are still available for immediate reservation.

☞ **Resident Volunteers Are Needed** to sit at the front desk on weekends -- a two-hour shift, once a month. The job is undemanding, pleasant, and very much needed. You can help strangers lost in space, facilitate package deliveries, direct visitors seeking the Borden Center. You can also do a lot of reading. Contact Helen Head to embark upon this very satisfying good deed.

☞ **Recycling Moves Ahead.** "We had a very successful event, with a large turnout and lots of good questions from residents," Wil Stratton says of the information session held in mid-February with Tracy Shafer, Rockbridge County Recycling Coordinator. Wil is convener of the newly rejuvenated Environmental Sustainability Committee, a standing committee of the Residents Association. Other members are Helen Behrens, Ted Burrowes, Ned Henneman, Don Holmes, Robyn Potter, Nanalou Sauder, and Phil Young. More members would be welcome. Wil speaks enthusiastically of the members' dedication and especially mentioned Don Holmes, who has accompanied Kendal maintenance staff members on visits to the county's recycling centers and has produced a report with recommendations. The committee has a number of projects in mind which will be publicized as plans become more final. In addition, Helen Behrens has offered to write a column for this newsletter on various aspects of recycling.

☞ **Come Back, Art.** The pieces of artwork that usually adorn Kendal's hallways will go back up as soon as the current repainting project is finished, according to Bill Houff, Director of Operations. Re-hanging the art in its crisper

### Newsletter Statement and Staff

*Kendal at Lexington* is written by and for the residents of the Kendal retirement community of Lexington, Va.

Staff: Helen Behrens, Sally Emory, Sarah Giddings, Maury Hanson, Ned Henneman, Jo McMurtry (editor), Elbie Raisbeck, Trix Rumford, Nanalou Sauder, Margaret Sayre, Victoria Shelar, Rudie Terhune, Clara Belle Weatherman.

The deadline for the April, 2016 issue is Friday, March 18, 5 pm.

(cont. on p. 10)

## Weekly Scheduled Activities

Sundays (6, 13, 20, 27)	4:00 pm	Vespers	Kendal Hall
Mondays (7, 14, 21, 28)	1:30 pm 7:00 pm	Needleworkers Movie	North Parlor Kendal Hall
Tuesdays (1, 8, 15, 22, 29)	1:00 pm 5:00 pm	Recorder Consort Wine & Conversation	Kendal Hall Kendal Hall
Thursdays (3, 10, 17, 24, 31)	10:00 am  3:30 pm 7:00 pm	Bible Study with the Rev. Tom Crittenden Tea Served Movie	Staff Devel. Rm. Dining Room Kendal Hall
Fridays (4, 11, 18, 25)	10:30 am	Kendal Singers	Kendal Hall
Saturdays (5, 12, 19, 26)	3:00 pm	Movie	Webster

### Bits and Pieces . . . . . (from p. 9)

and fresher setting will be the responsibility of the maintenance staff. First to be hung will be artwork owned by residents, and the residents concerned can decide exactly where they would like them placed. (It is a longstanding custom at Kendal for apartment dwellers to hang artwork belonging to them in the corridors outside their apartments.) Next to go up will be artwork that has been donated to Kendal. With regard to this category, Bill says, the residents' Furnishings and Interiors Committee may decide to swap things around a bit. "Some change is good," says Bill.

☞ **Why the Webster Center Is Different** from the way it was in 2000, when Kendal opened, was explained at the Residents Association meeting of February 17 by Charlotte Sibold, Health Services Administrator. A much larger proportion of Webster residents now has dementia, or some degree of cognitive impairment, than was once the case. These

residents can no longer recognize danger. To keep them safe, doors have been installed for entering or exiting the Webster Center, with an alarm system. However, there are many Webster residents who do not have dementia, and the system allows these to come and go as they please. This "mixed population," Charlotte says, is preferable to trying to care for all residents with dementia in the Borden Center because the Webster contingent does not need skilled nursing care -- just a safe place to live.

☞ **With the heavy schedule of new occupancies behind them,** the Maintenance Department is working hard to catch up on work orders, according to Helen Staley, convener of the residents' Facilities Committee. If you have submitted a maintenance request that remains unresolved, now is a good time to call that to the attention of Bill Houff, Director of Operations. Forms and assistance are available at the front desk, or you can simply send an email directly to Bill. Contact Helen if you'd like help in submitting an email.

## March Activities Calendar

(See pp. 2-3 for details. Please watch the bulletin boards for changes, additions, etc.)

1, Tue.	6 am to 7 pm	"Super Tuesday" Primaries	[buses, 9:30 am, 11 am. 1 pm and 2:30 pm]
2, Wed.	4:00 5:00	Farewell Party for Alex Slaydon "Night on the Town" at The Bistro	Kendal Hall [bus, 5:00 pm]
5, Sat.	8:00 pm	Dali Quartet at W&L	[bus, 7:20 pm]
6, Sun.	3:00 pm	Faculty Concert at W&L	[bus, 2:20 pm]
7, Mon.	8:00 am	Men's Breakfast	Dining Room
8, Tue.	1:00 pm 6:30 pm	Residents Council Sunnyside Weavers	North Parlor Sunnyside
9, Wed.	10:00 am 3:00 pm 7:45 pm	Photography Group Presentation on Emergency Procedures Garth Newel Piano Quartet at VMI	Sunnyside Kendal Hall [bus, 7:10 pm]
10, Thu.	2:00 pm * 4:30 pm	Dementia Caregivers Support Group <b>Talk by Prof. Bob Strong</b>	Sunnyside <b>Kendal Hall</b>
11, Fri.	7:30 pm	"Legally Blonde" at W&L	[bus, 6:50 pm]
13, Sun.	2:00 am * 2:00 pm	Daylight Saving Time begins <b>"Bonnie and the Little River Boys"</b>	Eastern Time Zone <b>Borden Dining Room</b>
16, Wed.	9:30 am	Residents Association Meeting	Kendal Hall
22, Tue.	1:30 pm 8:00 pm	Tour of the Marshall Museum Winter Choral Concert, W&L	[bus, 1:15 pm] [bus, 7:20 pm]
23, Wed.	* 4:30 pm	<b>Talk by Tom Camden of W&amp;L Library</b>	<b>Kendal Hall</b>
30, Wed.	* 7:15 pm	<b>Recital by Shawn Puller (tenor)</b>	<b>Kendal Hall</b>
31, Thu.	8:00 pm	University Jazz Ensemble, W&L	[bus, 7:20 pm]

\* Free and Open to the Public

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