

Kendal at Lexington

Vol. 15, No. 1

Kendal at Lexington

January 2015

2015 Budget Overview: Good News All Around

Monthly fees for Independent Living residents at Kendal will go up only 3.25 per cent in 2015, the lowest increase since 2001 -- at which time, of course, our community had been in operation only a matter of months. The reason for the low increase, according to Finance Manager Felicia Bush, can be summarized in one word: "Occupancy!" Kendal has enjoyed an Independent Living occupancy rate of over 90%, varying a bit from month to month, during 2014.

(As of Dec. 15, nine Independent Living residences are vacant, and two of these have been reserved for move-ins in 2015. Kendal has a total of 65 cottages and 55 apartments in the Independent Living sector. Of the twenty Assisted Living apartments in the Webster Center, about half are occupied by contract residents who started out in Independent Living after paying their initial entry fee; other residents have moved directly into Webster on a *per diem* basis. Among the permanent residents of the Borden Center, our 60-bed skilled nursing facility that serves the wider Rockbridge area as well as Kendalites, are a few contract residents, but most are *per diem*.)

Felicia's annual presentation on the upcoming year's budget took place on Dec. 11



*Give a cheer! Give a cheer!
It's a brand new year!*

and drew a lively audience. For those who missed it, Felicia has copies of her 21-page handout, filled with statements of goals, details of the budget process, facts, figures, graphs, pie charts, etc. The handout illuminates the reality that our operating revenue comes almost entirely from the people who live here, whether permanently or (as a rehab patient in Borden, for example) temporarily. For 2015, our budgeted cash revenue of \$14,829,337 will derive 46.4 per cent from residential fees, 48.7 per cent from health center fees, with a couple of pie-chart slivers marked "investment income" and "other." Consequently, as Felicia pointed out, anything Kendal spends money for will have an impact on residents' pockets.

Of the money going out in 2015 (budgeted at \$14,784,644), just over half is

(cont. on p. 4)



Calendar Notes

[See also pp. 12 and 13. With some exceptions, most of them specified, the activities listed here are arranged through the residents' Culture and Entertainment Committee, chaired by Dianne Herrick. "Borden" = Benjamin Borden Center (skilled nursing care); "Webster" = Webster Assisted Living Center.

Some events are arranged too late for inclusion here. Please check the bulletin boards.

The charge for bus transportation to and from an event in Lexington is \$2.]

Jan. 2, Fri., 10 am. Monthly meeting of the Essential Tremor Support Group. For information, contact Preston Boggess (a resident of Floyd County who often visits Kendal) at 540- 651-6777. Sunnyside House.

Jan. 4, Sun., to Jan. 10, Sat. Library sale in the Alcove. See "Library Tidbits," p. 7.

Jan. 5, Mon., 8 am. Men's breakfast; no reservations needed. Dining Room.

Jan. 5, Mon., 9:30 am. Helpers needed to take down and pack away Christmas decorations. Contact Sally Holland (463-3205) with questions. Anderson lobby.

Jan. 7, Wed., 10 am. Monthly meeting of Kendal's Photography Group. All are welcome. Contact Wil Stratton at 463-3863 for more information. Staff Development Room, near the Dining Room.

Jan. 7, Wed., 3:30 - 5 pm. Premier of video testimonials produced for Kendal's Marketing Department. (See story, p. 10.) Kendal Hall.

Jan. 8, Thu., 2 pm. Monthly meeting of the Dementia Caregivers Support Group. Open to all Rockbridge area residents. Contact Cathy Lewis, Kendal's Clinic RN, at 464-2609.

Jan. 13, Tue., 10 am. Bi-weekly meeting of the knitting group with Carole Smyer, owner of Orchardside Yarn Shop in Raphine. (See also Jan. 27). Webster Activity Room. [Note: this is a different group from the "Needleworkers," who meet every Monday, but all are welcome at either. See Bunny Babcock's charming poem on p. 12.]

Jan. 13, Tue., 3 pm. Dr. Alfonso Brochero, Kendal's Medical Director, will discuss C-Diff (*Clostridium difficile*), a bacterium that causes an intestinal condition one does not want to have. Kendal Hall.

Jan. 14, Wed., 4:30 pm. First meeting of the Kendal College course, "Problems in Latin American History." (See story, p. 6.) See also Jan. 21 and Jan. 28. Kendal Hall.

Jan. 14, Wed., 6:30 pm. Monthly meeting of the Sunnyside Weavers. (Note change of time.) Open to area residents as well as to Kendalites. Contact resident Ruth Tafel (484-883-1043) for more information. Sunnyside House.



(cont. on p. 3)

Calendar Notes

(from p. 2)

Jan. 14, Wed., 7 pm. "So Good for the Soul! A Tribute to the Music of Motown." Troupe of eight veteran Broadway performers; authentic sound, choreography, costumes. Senior ticket \$25 (box office 458-8000). Keller Theatre, Lenfest Hall, W&L. [bus. 6:20 pm]

Jan. 17, Sat., 7:30 pm. Martin Luther King Jr. Remembrance concert. W&L singing groups, the MLK Combo, dramatic reading of King's "I Have a Dream" speech. No ticket required. First Baptist Church, Lexington. [bus, 7:00 pm]

Jan. 18, Sun., 3 pm. Faculty voice recital: Jason Widney, baritone, with pianist Timothy Gaylard. Music of Ralph Vaughan Williams, Maurice Ravel, and others. No ticket required. Wilson Concert Hall, W&L. [bus, 2:30 pm]

Jan. 21, Wed., 4:30 pm. Kendal College; see story, p. 6.

Jan. 25, Sun., 3 pm. The Rockbridge Chamber Singers, a small performing ensemble made up of members of the Rockbridge Choral Society, presents a short mass setting and music by William Byrd, and Francis Poulenc. Ticket information unavailable as we go to press. Lexington Presbyterian Church. [bus, 2:30 pm]

Jan. 26, Mon., 4 pm. Harp recital by Grace Bauson of the W&L music faculty. Kendal Hall.

Jan. 27, 10 am. Bi-weekly meeting of the Webster knitting group; see above, Jan. 13. Webster Activity Room.

28, Wed., 4:30 pm. Kendal College; see story, p. 6. Kendal Hall.

31, Sat., 8 pm. The Marinus Ensemble, an international touring group devoted to freshness and excellence in chamber music, presents works by Schubert, Rachmaninoff, Villa-Lobos, and Brahms. Senior ticket \$15. (Box office, 458-8000.) Wilson Concert Hall, W&L. [bus, 7:20 pm]

And in early February:

7, Sat., 8 pm. Samite Mulondo, émigré from Uganda and masterful flute and kalimba (thumb piano) player, performs modern African folk music. No ticket required. Wilson Concert Hall, W&L. [bus, 7:30 pm]

Coming Up -- Dolls and Dining

Teresa Markham, Activities Assistant, is planning two events during January, but the dates have not been finalized. All residents are invited to participate in a doll show, similar to those we have had before. (Be sure your dolls have your name on them!) Also, bus transportation for a dining trip to House Mountain Inn will be made available first to Webster and Borden residents. Independent Living residents may ride the bus if space allows, or may provide their own transportation. Watch for postings. Contact Teresa at 464-2612 if you have questions.

2015 Budget

(from p. 1)

marked for staff wages and benefits. The next largest slice of the pie chart (13.3%) represents interest payments on the bonds which made possible our recent construction (Phase II, especially). Other categories include health services; general and administrative; dining services; utilities; our fee to Kendal Corporation; maintenance/house-keeping/laundry; and real estate tax. As a nonprofit organization, we do not pay income taxes, but we do pay real estate taxes both to the city of Lexington and to Rock-bridge County, since our campus is located in both. We also pay sales taxes on all items purchased and employment taxes.

The biggest item in the capital budget (\$1,871,042) is the full-site generator that will come into action during power outages to energize not only our current buildings but those we may add in the future. (For more on this generator, see the article by Mina Tepper, Kendal's Executive Director, in the December issue of this newsletter.) Our present emergency power is limited to the Borden Center and some parts of the main building. Luckily, we have had very few extended power outages. The most recent, caused by the infamous "derecho" wind-storm, occurred June 29-July 1, 2012, and Kendal's staff coped heroically.

Questions from Felicia's audience touched on matters large and small. One reason that Maintenance has a larger budget this year, for example, is that the more expensive LED light bulbs are being bought to replace burnouts. But they will last longer, so we'll be ahead in the long run.

Resident input is routinely sought during the budgeting process. Residents are

asked to submit suggestions to Residents Council, which sends them on to the Finance Committee of the Kalex Board of Directors. The Finance Committee -- "a really good committee," says Felicia -- includes several residents: Bill Russell, a member of the Board of Directors as well as of the Finance Committee, and residents Norm Jones and John South. Residents' requests have been responsible for a number of items, including the new bus that is expected to come rolling in early in 2015. (Watch this space.)

As Felicia finished her presentation, resident Karen Russell was spontaneously moved to point out Felicia's high degree of involvement in her job and her personal identification with Kendal and its ongoing success. The meeting ended with an enthusiastic round of applause.

— Jo McMurtry



Newsletter Statement and Staff

Kendal at Lexington is written by and for the residents of the Kendal retirement community at Lexington, Virginia.

Staff: Margaret Craighill, Sally Emory, Sarah Giddings, Maury Hanson, Dianne Herrick, Jo McMurtry (editor), Elbie Raisbeck, Trix Rumford, Nanalou Sauder, Victoria Shelar, Marjorie Sherrill, Louise Tardy, Rudie Terhune, Clara Belle Weatherman.

**DEADLINE FOR THE FEBRUARY ISSUE:
WEDNESDAY, JAN. 21, 5 PM.**

Progress Notes from Mina Tepper: Master Planning Process

Spectrum Design, the architectural firm that is in charge of our all-site generator (see "Progress Notes" in the December issue of this newsletter) is also the firm selected for the Master Planning Process. Spectrum Design is located in Roanoke and will be fielding an experienced team whose members have been designing CCRC's for more than 35 years. The initial "kick off" meeting between Kendal's key staff members and the architects was held on Oct. 26, 2014. During this initial meeting, we reviewed the scope of the project and developed an initial time line. The entire process of establishing a Master Plan is expected to take about twenty to twenty five weeks to complete.

Some of the key steps in the process include:

- * Initial data collection, including but not limited to such items as: existing drawings, governmental agreements/waivers, marketing studies, task group activities and recommendations, zoning information, environmental studies/issues, topographic surveys, and geotechnical reports.

- * The completion of a program questionnaire by key staff to capture wish lists.

- * A sleepover experience by architectural staff to better understand Kendal programming and services.

- * A marketing study performed in conjunction with marketing consultants to provide guidance as to the recommended number,

type, and size of additional independent residences.

- * Meetings with the local planning representatives and with the State Health Department.

- * Focus group meetings with current and prospective residents.

- * Meetings throughout the process with the Planning Committee of key staff members, with each meeting designed to move the process forward.

- * The presentation of the Master Plan to the Kalex Board of Directors, to include the following nine items for review:

- * Project Issues Plan
- * Existing Facilities Analysis
- * Planning Criteria and Goals
- * Master Site Plan
- * Functional Space program
- * Building Systems and Quality Statement
- * Facilities Concepts
- * Estimation of Project Budget
- * Implementation Schedule and Phasing Plan

This is a very exciting and busy time for Kendal at Lexington. With your indulgence, regular updates will be provided at Residents Association meetings and in articles in the resident newsletter. If you have questions or ideas regarding these projects, please do not hesitate to share them with me. As always, your input is appreciated.

-- Mina Tepper
Executive Director

Kendal College to Explore Latin American History

Matthew Gildner, a member of the W&L history faculty who specializes in Latin American and Caribbean studies, will present a three-lecture Kendal College series on "Problems in Latin American History."

The time and place will be January 14, 21, and 28, all Wednesdays, at 4:30 pm in Kendal Hall. Registration materials will be placed in residents' open mailboxes. The fee for the course will be \$10, and January 11 is the last day to register. Contact Sally Emory (463-2787) or John South (464-1669), who have arranged this event, with questions.

In his first lecture, "The Colonial Period," Prof. Gildner plans to discuss the post-1492 European conquests and their consequences, including epidemic diseases. "The Nineteenth Century," on January 21, will focus on independence and nationhood. "The Twentieth Century," January 28, will include U.S. intervention in Latin America and an exploration of Latin America's uneven economic progress over the last century.

Prof. Gildner received his Ph.D from the University of Texas at Austin in 2012, specializing in Andean History, Modern Latin America, and Colonial Latin America. He holds an MA in history from the University of Texas, and a BA from the University of Wisconsin at Madison. He has published articles and book chapters, and has a manuscript in preparation, "Integrating Bolivia: The 1952 Revolution and the Origin of Multiculturalism."

This program will be the sixty-third in Kendal College's twelve-year history. The idea originated with late resident Al Zavelle, who in May of 2003 arranged a lecture series on "Thomas Jefferson and the Lewis and Clark Expedition." Three successive days of lectures were followed by an all-day field trip to Monticello.

The following is quoted from an article by Jane Bicknell, with input from Ruth Woodcock, that appeared in the May, 2011 issue of this newsletter: "Having created a program that was a huge success, but one that also demanded a great deal of planning, the following year Al asked the Culture and Entertainment Committee to form a Kendal College subcommittee. The first members on that subcommittee were Jane Bicknell, Jim Morgan, Hank Sharp, and Ruth Woodcock."

Shortly afterward, the group became an autonomous body, independent of the Residents Association's standing committees. Should a group member decide to retire, he or she is replaced by invitation from the Kendal College Committee. Current members are Rae Carpenter, Sally Emory, John Gunn, Bill Russell, and Ruth Woodcock.

The Kendal College Committee has arranged programs on a dizzying variety of topics, taught usually by an expert from a college faculty or by a Kendalite, two categories that often overlap. Typically, a Kendal College offering consists of a series of lectures (often three), and sometimes includes a field trip. The lengthiest Kendal College offering has been resident and philosophy professor Harry Pemberton's

(cont. on p. 7)

Kendal College

(from p. 6)

semester-long course in "Meaning and Existence," meeting twice a week from early January through late March of 2012.

Until the end of 2008, lectures were held in the lobby of Anderson Hall, which could seat about fifty people when chairs were brought in, in Sunnyside House, or in a portion of the dining area. In January of 2009, Kendal Hall was completed in time for resident and economist John Gunn to conduct a Kendal College course in "The Unexpected Depression." Kendal Hall's chairs are typically arranged in auditorium format to seat 112, with space for additional seating (including wheel chairs and scooters) at the back and along the sides.

The Kendal College Committee is self-sufficient financially because of registration fees, the amount of which per course can vary (or can disappear entirely) depending on the state of the Committee's treasury. The money is used for field trips, for supplies, and for the honoraria offered to off-campus speakers.

-- Jo McMurtry

Ruth Brown Joins Webster Residents

A native of Rockbridge County and a longtime resident of Fairfield, Ruth Brown originally came to Kendal for a sojourn in the Borden Center, but she has since settled into Apartment 218, Webster Center.

Ruth attended Lexington High School, where she took a business course that

qualified her to hold several jobs in the area. Ruth's late husband, Johnnie Ray Brown, worked for Du Pont in Waynesboro.

Ruth has two daughters and a son, five grandchildren, and three great grandchildren. Her older daughter, Karen Bowyer, is a librarian at Bath County High School. Her son, Ray Brown, works for Lexington's Spencer Home Center. Her younger daughter, Rhonda Humphries, works for the Rockbridge County School Board.

Ruth's apartment is cheerfully decorated with special mementoes. She credits its homelike atmosphere to her attentive family. She enjoys listening to Talking Books, with which her daughter Rhonda keeps her supplied.

Ruth grew up in the Lexington Presbyterian Church and has been a member of the Fairfield Presbyterian Church for many years.

-- Jo McMurtry



Library Tidbits with Sarah Giddings

Do you have a videocassette (VHS) player? Do you have an audiocassette player? You are in luck. The library is closing out our collection of video- and audiocassettes and they will be for sale for one week, from January 4 through January 10 in the Alcove. These will be on a "take what you want, pay what you will" basis -- whatever they are worth to you. Books will be included in the sale as space permits.

Christian Cobb Arrives in South Apt. 12

Christian comes to Kalex from her native state of North Carolina. She was born in Concord and spent most of her life in Goldsboro. She is a graduate of the University of North Carolina, Chapel Hill, where she majored in education. When she was in her early thirties, she met Jack Cobb through a college friend. They were married and lived for many years in Goldsboro, where Jack was owner of an automobile dealership. Jack was also an amateur painter. Christian became an antiques dealer, operating her business from a small house in Goldsboro. She enjoyed learning about antiques and learned "how to bid" at various sales.

About her teaching career, Christian says that she loved teaching the seventh-, eighth-, and ninth- grade levels that many find difficult. She felt like she could reach that age student and help them live up to their potential. She also asked them to "dig" to find out why famous Americans were famous, rather than just learning by rote.

Christian considers herself fortunate to have been able to devote time and effort to help improve the arts and to participate in civic activities. She served her community and state in a number of volunteer capacities, including heading and participating in the formation of the Friends of the Library, Volunteers in Education, and the local Museum of History. She also taught an adult class at the Episcopal Church and was active in promoting the arts. She served on many committees for the North Carolina Museum of Art and for the North Carolina Museum of History, both in Raleigh.

Christian has traveled widely, including many walking tours in Europe with her children and with friends. She also loves skiing -- both water skiing and snow skiing. She is fond of tennis and swimming and is looking forward to using the pool in the Fitness Center. She says, "I loved to sew, and I found needlepoint relaxing."

Christian has three children. Daughter Carter is married to Bill Paxton, son of Kalex residents Matt and Mary Raine Paxton. Carter and Bill have three children and live in Lynchburg. Daughter Anne is a physical therapist in New Bern, North Carolina. She has a five-year-old son. Son John is a graduate of Wake Forest and lives in Raleigh. He has one son.

-- Nanalou Sauder

Memorial Book Now in Library

For Ava Hughes, the Library Committee has selected *Poetry Speaks*, edited by Elise Paschen and Rebekah Presson Mosby (Sourcebooks, 2001). This beautiful over-size volume, complete with three CDs of poetry narrated by Charles Osgood and read by a variety of excellent readers, covers poets from Alfred, Lord Tennyson to Sylvia Plath. Written commentaries from various experts about the poems are included, and all poems included on the CDs are individually labeled. While there are some surprising omissions (Emily Dickinson, for example), both well-known and lesser-known poets are included, and I was delighted to find some of my favorites that are often not included in anthologies.

-- Sarah Giddings

Southern Exposure, Part II

[Continuing Marje Sherrill's observations, begun in the December issue of this newsletter.]

What's it like for an old desert rat to move across the country and build a new nest in Lexington, Virginia?

First, so many questions as I lie awake at night. How would I fit into this new place? How long would it take? Were my Arizona friends right and was this radical move an impulsive/unwise decision?

Where I come from, some of the first families trace their lineage back to the European *conquistadores* who rode up through Mexico centuries ago. They brought a language like music; they brought horses and tradition, cool patios and thick adobe walls. Other first families have lived in the magic of Arizona's Indian lands: Hopi, Navajo, Yaqui, Tohono O'odham: they are another trove of art and memories. You might only believe this after you have been there.

Where I live now, the oldest families also look across generations of being in one place. I think, what would it be like to have the graves, even the homes, of parents and grandparents and other ancestors a few blocks or a few miles away? A centuries-old cemetery on a Connecticut hillside, a shaded burial ground in Quebec: these are places where I could visit forbears with familiar names. But not here. Not here.

Here, there are first families and there are the academics: two centers of learning in one town! Without Washington and Lee University and the Virginia Military Institute it would be a very different place. I scan

courses I might take at W&L, I pass VMI cadets in the street and feel a sense of pride in living here. Town and gown: learning has been part of my family since way back when and look -- almost by accident, here I am where I can have it all. I love sitting down for a meal in the company of people who gladly learn and gladly teach.

First families and academics, but let's face it: the really lucky people at Kendal are the ones within a stone's throw of family and old friends. I wonder, what would that be like? (Maybe a mixed blessing in some ways, but over all I would choose to have family closer than one hundred miles -- or two hundred miles -- away.) Before I came here, debating over the wisdom of leaving people I'd known a near-lifetime, a friend's husband said (somewhat dismissively), "Well, make new friends!" *Oh really, it's that easy?* The Dalai Lama tells us that as we lose old friends and gain new ones, the important thing is to find meaning in everything. I am trying to remember this.

First families, academics, lucky ones -- and then there are the strays. I am a stray. We come from all over the country and some come from other parts of the world. A few of us began by just passing through the area with no intention of staying and then found ourselves thinking, "Well, why not?" Others used simple geography to find a spot equidistant from grandchildren. And some of us got all scientific about it, visiting retirement communities here, there, everywhere, until we fetched up here and knew we didn't have to look any farther. We leaped -- and the net appeared.

It's a nice feeling, that.

-- Marje Sherrill

Staff Appreciation Fund Provides Holiday Cheer

Kendal residents generously contributed \$43,637 to the Staff Appreciation Fund for distribution at the party arranged by Residents Council and held on December 10.

With top management excluded, 130 checks were written for staff members, the amounts based on hours worked and length of service at Kendal. Forty-five checks were written for \$484.64; fifteen, for amounts from \$100 to \$199; and the rest were in between.

The Staff Appreciation Fund differs from Kendal's other philanthropic funds in that it is emptied twice a year, like a basket turned upside down. Checks made out to Kendal at Lexington, with "Staff Appreciation" on the memo line, can be handed to any of the front office staff and will become part of the sum to be distributed in June of 2015.

The philanthropic impulse so prevalent among Kendal's residents is a major reason our home is so special. Our monthly fees, after all, are kept as low as possible while covering the basics. (See p. 1 for more on this subject.) For life's extras, we are the fortunate beneficiaries of private generosity. Opportunities include (but aren't limited to) giving to the Fellowship Fund, set up to provide confidential help to Kendalites who are no longer able to meet their expenses, and remembering Kendal in your estate plans. See Mina Tepper, Executive Director, or Becky Edmondson, Executive Assistant, for more ideas.



Resident Address Changes

- ◆ Mary Barker, to Room 402, Borden Center
- ◆ Betty Evans, to Room 607, Borden Center
- ◆ Pat Leach, to Apt. 221, Webster Center
- ◆ Adelaide Simpson, to Room 501, Borden Center

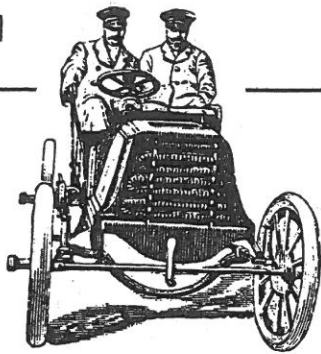
"Premiere" Coming Up:

Wednesday, Jan. 7, 3:30 - 5 pm
Kendal Hall

Announcing the "premiere" of video testimonials produced for the Marketing Department and starring friends and residents Bill Russell, Dianne Herrick, Paul Krusinski, Lee Byrd, Pat Irons, Winifred Hart, and Don Taebel. With cameos by other residents and staff.

I am immensely excited by the release of these video testimonials. The words and actions of those filmed are authentic and interesting and truly represent the community. Please join us for the red carpet "premiere."

-- Jessica Lee-Singleton Buhler
Marketing Director



Jan. 21, Wed., 10 am - 4 pm. Celebrate Stonewall Jackson's birthday at the Stonewall Jackson House, 8 E. Washington St. Free tours, birthday cake, hot cider.

Out and About in January

[This column lists events and activities to which Kendal is not offering transportation, but which may be of interest to residents and their guests.]

Jan. 2, Friday, 5 - 7:30 pm. Gallery walk; visit the galleries along Washington Street, chat with artists, enjoy light refreshments.

Jan. 3, Sat., 5 pm. The Yale Alley Cats, billing itself as "one of the nation's most renowned collegiate a cappella groups," performs a diverse songlist. The fourteen-member group includes Lexington's Thomas Forster, a Yale sophomore. Adult ticket \$10. R.E. Lee Memorial Church.

Jan. 12, Mon., through Jan. 23, Fri. Feel like a bit of role-playing? Volunteer for the W&L Law School's intensive "Skills Immersion Program" for third-year law students. You will play either the buyer or the seller in a transaction involving a hypothetical furniture company; students will represent you. Lots of time slots, some as short as one hour. Details are posted in the Alcove. Contact Brianne M. Kleinart, Senior Legal Assistant, at 458-8567 or kleinertb@wlu.edu.

Jan. 17, Sat., and Jan. 31, Sat., 12:55 pm both days. The Metropolitan Opera, live in HD, comes to Lexington's State Theater. On Jan. 17, Lehar's *The Merry Widow*; on Jan. 31, Offenbach's *Les Contes d'Hoffman*. Box office, 464-1181.

Fitness Classes Currently Offered

- * Chair exercises and Brain Games in the Webster Center
- * Chair Yoga
- * Strength and Stretch
- * Pool Strength and Stretch
- * Relaxation and Meditation
- * Senior Balance

Community Classes:

- * Intermediate Yoga
- * Tai Chi Chih
- * Aquacise and Gentle Joints Aquacise

Pay attention to your January fitness calendar for new offerings, including a snow related adventure.

-- Jason Bunn
Fitness Program Manager

In Memoriam

Pat Geikler
died December 22, 2014
entered Kendal March 22, 2009

Weekly Scheduled Activities

Sundays (4, 11, 18, 25)	4:00 pm	Vespers	Kendal Hall
Mondays (5, 12, 19, 26)	1:30 pm	* Needleworkers *	North Parlor
	7:00 pm	Movie	Kendal Hall
Tuesdays (6, 13, 20, 27)	10:30 am	Poetry Group	North Parlor
	3:30 pm	"Brain Twisters"	Webster
	5:00 pm	Wine & Conversation	Kendal Hall
Thursdays (8, 15, 22, 29)	10:00 am	Bible Study with the Rev. Tom Crittenden	Kendal Hall
	12:45 pm	Recorder Consort	Kendal Hall
	7:00 pm	Movie	Kendal Hall
Fridays (2, 9, 16, 23, 30)	10:30 am	Kendal Singers	Kendal Hall
Saturdays (3, 10, 17, 24, 31)	3:00 pm	Movie	Staff Development Room

* Please note the new name for this group. And here's the explanation:

Needleworkers

A new year, a new Name
The meeting room remains the same.
Sewing Circle just does not fit
As most of the members prefer to knit.
Cross stitch and crocheting take place here ,too.
Perhaps this group may appeal to you.
We meet every Monday at thirty past one.
North Parlor's the place -- hope you'll join in the fun.

-- Bunny Babcock

Vespers at Kendal

A Vespers service is arranged by the Religious Activities Committee every Sunday at 4:00 pm in Kendal Hall. All are welcome to these ecumenical services. The officiants and musicians are volunteers from

the wider community, whose generosity in making these services possible is much appreciated.

Please watch the bulletin boards for details of the Vespers services scheduled for January.

January Activities Calendar

(See pp. 2-3 for details. Please watch the bulletin boards for changes, additions, etc.)

2, Fri.	10:00 am	Essential Tremor Support Group	Sunnyside
4, Sun., to 10, Sat.		Library Sale	Alcove
5, Mon.	8:00 am	Men's Breakfast	Dining Room
	9:30 am	Decoration Take-Down	Anderson Lobby
7, Wed.	10:00 am	Photography Group	Staff Development Room
	3:30 pm	Premiere of Video Testimonials	Kendal Hall
8, Thu.	2:00 pm	Dementia Caregivers Support Group	Sunnyside
13, Tue.	10:00 am	Webster Knitting Group	Webster
	1:00 pm	Residents Council	North Parlor
	3:00 pm	Dr. Brochero, Talk on C-Diff	Kendal Hall
14, Wed.	4:30 pm	Kendal College	Kendal Hall
	6:30 pm	Sunnyside Weavers	Sunnyside
	7:00 pm	Tribute to Motown	[bus, 6:20 pm]
17, Sat.	7:30 pm	Martin Luther King concert	[bus, 7:00 pm]
18, Sun.	3:00 pm	Voice recital, Jason Widney	[bus, 2:30 pm]
21, Wed.	9:30 am	Residents Association	Kendal Hall
	4:30 pm	Kendal College	Kendal Hall
25, Sun.	p3:00 pm	Rockbridge Chamber Singers	[bus, 2:30 pm]
26, Mon.	4:00 pm	Harp Recital by Grace Bauson	Kendal Hall
27, Tue.	10:00 am	Webster Knitting Group	Webster
28, Wed.	4:30 pm	Kendal College	Kendal Hall
31, Sat.	8:00 pm	Marinus Ensemble	[bus, 7:20 pm]

And in early February:

7, Sat.	8:00 pm	Samite Mulondo in Concert, W&L	[bus, 7:30 pm]
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Newsletter